



Republic of the Philippines
Department of Education
UNDERSECRETARY FOR CURRICULUM AND INSTRUCTION

003926

DEPARTMENT OF EDUCATION RECEIVED RECORDS SECTION, REGIONAL OFFICE NO. VIII	
MAY 27 2021	
BY: <i>FAA</i>	TIME: 1:00

MEMORANDUM
DM-OUCI-2021-00168

BCD-SCPD-O-2021-2058

TO : ALL REGIONAL DIRECTORS

ATTENTION : Schools Division Superintendents
Chief Education Supervisors of CLMD and CID
Regional and Division Supervisors
Public School Heads

FROM : *[Signature]*
DIOSDADO M. SAN ANTONIO
Undersecretary for Curriculum and Instruction

SUBJECT : Workshop on the Validation of Calisthenics

DATE : May 17, 2021

OFFICE OF THE DIRECTOR IV	
Date and Time Received	Signature
27 MAY 2021 2:05	<i>[Signature]</i>
Date and Time Released	Signature

To promote a healthy lifestyle, develop unity, and inculcate discipline among learners, the Department of Education (DepEd), through the Bureau of Curriculum Development-Special Curricular Programs Division (BCD-SCPD), shall conduct an online Workshop on the Validation of Calisthenics on May 31-June 4, 2021 via Zoom platform.

This workshop aims to:

- validate the developed draft calisthenics/exercises and include Arnis movements; and
- compose a music accompaniment suited to the calisthenics for cadence and rhythm.

The list of participants to the workshop is provided in **Annex A** for your reference. In case of conflict in schedule, the Schools Division Superintendent or his/her duly authorized representative shall nominate a substitute, provided that the replacement is an expert and practitioner in the field of Physical Education/Sports.

All expenses relative to the conduct of the workshop, including communication/internet expenses, shall be charged against 2021 BCD BEC funds which will be downloaded to respective regions, subject to the usual government accounting and auditing rules and regulations.

Workshop on the Development of Calisthenics
May 31-June 4, 2021

LIST OF PARTICIPANTS

No.	Name	Division	Region
1	Edilberto R. Abalos	Dagupan City	1
2	Reynan Ayento	Pangasinan I	1
3	Dennis M. Agbayani	RO-CLMD	2
4	May Bitla	Nueva Vizcaya	2
5	Roselle R. Robledo	Bulacan	3
6	Marco Ignacio	Bulacan	3
7	Marianne Villaruel	Quezon	4A
8	Victor Z. Senerador	Dasmariñas City	4A
9	Ardie P. Cordero	Rizal	4A
10	Jan Robber Bacong	Palawan	4B
11	Dennis Q. Motol	Marinduque	4B
12	Niño Velasco	Iriga City	5
13	Al P. Pelgone	Albay	5
14	Carmencita Juquiana	Baguio City	CAR
15	Warden Baltazar	Benguet	CAR
16	Hadji M. Tejada	Marikina City	NCR
17	Joana Marie Carina M. Gabunillas	Pasay City	NCR
18	Marisol L. Mabazza	Quezon City	NCR
19	Jeff Foreene Santos	Quezon City	NCR
20	Darnell Denamarquez	Iloilo Province	6
21	Veronica Jane Manares	Aklan	6
22	Jeremiah David Lemente	Cebu City	7
23	Alcestis Borja	Tagbilaran City	7
24	Annie Villasin	Borongan City	8
25	Mark M. Doller	Tacloban City	8
26	Jonard Baguio	Pagadian City	9
27	Eugenio B. Penales	RO-CLMD	9
28	Lyle Sapida	Iligan City	10
29	Lou Ann Cultura	Malaybalay City	10
30	Dexie Claire Colina	Davao Del Sur	11
31	Jaymark C. Rodriguez	Davao Occidental	11
32	Marian Abella	General Santos City	12
33	Cecilio P. Balili III	General Santos City	12
34	Fermia S. Beltran	Butuan City	13
35	Joel Gonía	Agusan Del Norte	13

For confirmation of participation, please accomplish the template in **Annex B** and send it back to Ms. Domingo's email address. A meeting link will be provided once confirmation is made on or before **May 28, 2021**.

Immediate and wide dissemination of this memorandum is requested.

Workshop on the Development of Calisthenics
May 31-June 4, 2021

CONFIRMATION SHEET

Region: _____ Division: _____

Name	Position	Email Address	Cellphone No.	FB Name

Submitted by:

Name and Signature
Date: _____

Approved by:

Name and Signature
Date: _____