



Republic of the Philippines
Department of Education
REGION VIII - EASTERN VISAYAS

July 1, 2021

OFFICE MEMORANDUM

No. **000292**s. 2021

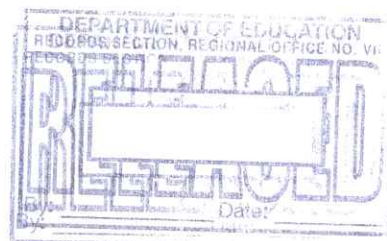
To: Schools Division Superintendent
Divisions of Catbalogan City and Tacloban City
All Others Concerned

VIRTUAL WORKSHOP ON THE REFINEMENT OF CALISTHENICS

1. Relative to DepEd Memorandum DM-OUCI-2021-242, dated June 25, 2021, re: **Virtual Workshop on the Refinement of Calisthenics**, this Office through the Curriculum and Learning Management Division, requires the identified participants to attend the said activity on July 6-9, 2021 via Zoom platform.
2. The participants are Education Program Supervisors for MAPEH from the two (2) identified divisions as per attachment.
3. For details and additional information, you can contact Ms. Rosa Ligaya C. Domingo through email at rosa.domingo002@deped.gov.ph.
4. Immediate dissemination of and compliance with this Memorandum are desired.


MA. GEMMA MERCADO LEDESMA
Regional Director

CLMD-NPJ





Republic of the Philippines
Department of Education
UNDERSECRETARY FOR CURRICULUM AND INSTRUCTION

DEPARTMENT OF EDUCATION
RECEIVED
RECORDS SECTION REGIONAL OFFICE NO. VIII
JUN 30 2021 7:47:87
BY: [Signature] TIME: 6/30/2021 9:57am

BCD-SCPD-O-2021-2125

MEMORANDUM
DM-OUCI-2021-00 242

OFFICE OF THE DIRECTOR IV
Date Received 30 JUN 2021 10:40 [Signature]
Date of Release 30 JUN 2021 1:10 [Signature]

TO : Regional Directors of Regions 1, II, III, IV-A, IV-B, V, VI, VII, VIII, IX, XI, XII, CARAGA, and NCR

FROM : DIOSDADO M. SAN ANTONIO
Undersecretary for Curriculum and Instruction [Signature]

SUBJECT : Virtual Workshop on the Refinement of Calisthenics

DATE : June 25, 2021

Relative to the national calisthenics developed by the Bureau of Curriculum Development-Special Curricular Programs Division (BCD-SCPD) with participants coming from the different parts of the country, a **Virtual Workshop on the Refinement of Calisthenics** shall be conducted on **July 6-9, 2021** via Zoom platform.

The workshop aims to:

- refine the developed calisthenics movement; and
- finalize the 7-minute calisthenics with music accompaniment.

The list of participants to the workshop is provided in **Annex A** for your reference. In case of conflict in schedule, the Regional Director/Schools Division Superintendent or his/her duly authorized official shall send a substitute, provided that he/she is an expert and practitioner in the field of Physical Education or Music.

The participants are requested to send their confirmation using the template in **Annex B** to email address: rosa.domingo002@deped.gov.ph. on or before **July 2, 2021**.

The communication/internet expenses of the participants relative to the conduct of the workshop shall be charged against 2021 BCD BEC funds which will be downloaded to respective regions, subject to the usual government accounting and auditing rules and regulations.

For coordination and inquiries, please contact **Ms. Rosa Ligaya C. Domingo**, OIC Chief and Focal Person of Special Program in Sports (SPS), BCD-SCPD, through the above-mentioned email address.

Immediate and wide dissemination of this memorandum is requested.

orig email
6/30/21



Republic of the Philippines
Department of Education
UNDERSECRETARY FOR CURRICULUM AND INSTRUCTION

Annex A

Workshop on the Refinement of Calisthenics
July 6-9, 2021
via Zoom

LIST OF PARTICIPANTS

| No. | Name | Division | Region |
|-----|-----------------------------|---------------------|--------|
| 1 | James Mike O. Caday | Cagayan | 2 |
| 2 | Frederick L. De Guzman | Balanga City | 3 |
| 3 | Aileen Grace DG. Santos | Tarlac | 3 |
| 4 | Roselle R. Robledo | Malolos City | 3 |
| 5 | Melinda G. Calumaya | Dasmariñas City | 4A |
| 6 | Adrian Anthony D. Osano | Occidental Mindoro | 4B |
| 7 | Francisco B. Bulalacao, Jr. | RO-CLMD | 5 |
| 8 | Cloyd M. Lagyap | Iriga City | 5 |
| 9 | Leah Bulay Og | Marikina City | NCR |
| 10 | Ervin T. Echague | Muntinlupa City | NCR |
| 11 | Ana Lou M. Carreon | Makati City | NCR |
| 12 | Bernard M. Laguda | San Carlos City | 6 |
| 13 | Adriana J. Arca | Bacolod City | 6 |
| 14 | Darnell I. Denamarquez | Iloilo | 6 |
| 15 | Juvelyn P. Otero | RO-CLMD | 7 |
| 16 | Niño G. Matillano | Mandaue City | 7 |
| 17 | Arlene H. De La Torre | Catbalogan City | 8 |
| 18 | Jessica M. Abril | Tacloban City | 8 |
| 19 | Rodel B. Cuba | Zamboanga Del Sur | 9 |
| 20 | Mario Shoji N. Romarate | RO-CLMD | 9 |
| 21 | Jonard L. Baguio | Pagadian City | 9 |
| 22 | Jeselyn Dela Cuesta | RO-CLMD | 11 |
| 23 | Precious Valerie S. Pama | General Santos City | 12 |
| 24 | Cecilio P. Balili III | General Santos City | 12 |
| 25 | Jodel C. Numeron | Butuan City | 13 |



Republic of the Philippines
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UNDERSECRETARY FOR CURRICULUM AND INSTRUCTION

Annex B

Workshop on the Refinement of Calisthenics
July 6-9, 2021
via Zoom

CONFIRMATION SHEET

Region: _____

| Name | Position/ Designation | Division | Email Address | Cellphone No. | FB Name |
|------|--------------------------|----------|---------------|------------------|---------|
| | | | | | |
| | | | | | |
| | | | | | |
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Submitted by:

Name and Signature

Date: _____

Approved by:

Name and Signature

Date: _____