



Republic of the Philippines  
Department of Education  
REGION VIII - EASTERN VISAYAS

March 30, 2022

**REGIONAL MEMORANDUM**

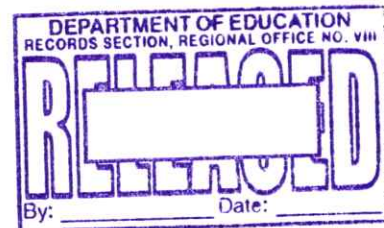
No. **284**, s. 2022

**PARTICIPATION TO THE NATIONAL REFRESHER COURSE FOR DEPED  
TAEKWONDO TECHNICAL OFFICIALS AND COACHES**

To: Schools Division Superintendents  
All Others Concerned

1. Pursuant to the attached DepEd Memorandum, re: National Virtual Refresher Course for DepEd Taekwondo Technical Officials and Coaches, this Office, through the Curriculum and Learning Management Division (CLMD), requires the official participants listed in the enclosure to attend the said online activity on April 4-6, 2022 via Zoom Meeting.
2. The link to the said activity shall be sent via email.
3. Immediate dissemination of and strict compliance with this Memorandum are desired.

  
**EVELYN R. FETALVERO, CESO IV**  
 Regional Director



Enclosures: As stated  
References: As stated  
To be indicated in the Perpetual Index under the following subjects:

COACHES

SPORTS

TEACHERS

WORKSHOPS

CLMD-NPJ



**Enclosure No. 1 to Regional Memorandum No. 284, s. 2022**

**List of Participants to the National Virtual Refresher Course  
for DepEd Taekwondo Technical Officials and Coaches**

April 4-6, 2022  
via Zoom Meeting

| No. | Taekwondo          | Division        | Name                     |
|-----|--------------------|-----------------|--------------------------|
| 1   | Technical Official | Baybay City     | Delio M. Amante          |
| 2   | Teacher Coach      |                 | Michelle Pecolados       |
| 3   | Technical Official | Biliran         | Antonio L. Peñaranda Jr. |
| 4   | Teacher Coach      |                 | Alvin Rosos Pamorcan     |
| 5   | Technical Official | Borongan City   | Catherine D. Afable      |
| 6   | Teacher Coach      |                 | Joseph Sherwin A. Ambida |
| 7   | Technical Official | Calbayog City   | Mary Jane Ebardone       |
| 8   | Teacher Coach      |                 | Eduardo T. Hibaya        |
| 9   | Technical Official | Catbalogan City | Riza Moreno              |
| 10  | Teacher Coach      |                 | Gener Jayan              |
| 11  | Technical Official | Eastern Samar   | Nilo Baldilobar          |
| 12  | Teacher Coach      |                 | Catherine Datiles        |
| 13  | Technical Official | Leyte           | Roderick Yape            |
| 14  | Teacher Coach      |                 | Maricris M Romero        |
| 15  | Technical Official | Maasin          | Richie Blasabas          |
| 16  | Teacher Coach      |                 | Romilyn R. Basa          |
| 17  | Technical Official | Ormoc City      | Erickson Ross S. Tolo    |
| 18  | Teacher Coach      |                 | Jihan Roca               |
| 19  | Technical Official | Northern Samar  | Renato Cabayes           |
| 20  | Teacher Coach      |                 | Allen Buensalida         |
| 21  | Technical Official | Samar           | Jocelyn Ventures         |
| 22  | Teacher Coach      |                 | Cletto Flor              |
| 23  | Technical Official | Southern Leyte  | Jaime Berondo            |
| 24  | Teacher Coach      |                 | Shella Monton Resma      |
| 25  | Technical Official | Tacloban City   | Raquel S. Advincula      |
| 26  | Teacher Coach      |                 | Jessica O. Elizan        |



**PALARONG PAMBANSA SECRETARIAT**  
Department of Education  
Philippines Sports Commission  
Department of Interior and Local Government



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## MEMORANDUM

**TO: REGIONAL DIRECTORS  
REGIONAL SPORTS OFFICERS  
SCHOOL DIVISIONS SUPERINTENDENTS  
HEADS, PUBLIC ELEMENTARY AND SECONDARY SCHOOLS  
MINISTERS, BASIC, HIGHER, AND TECHNICAL EDUCATION,  
BARMM**

**FROM: JOEL S. ERESTAIN, CSEE**  
Director III  
Palarong Pambansa Secretariat

**DATE:** March 23, 2022

**SUBJECT: NATIONAL REFRESHER COURSE FOR DEPED TAEKWONDO  
TECHNICAL OFFICIALS AND COACHES**

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1. All concerned is hereby informed, that the Department of Education (DepEd), through Palarong Pambansa Secretariat will conduct a **Three-day National Virtual Refresher Course for DepEd Taekwondo Technical Officials and Coaches** on April 4-6, 2022 via Zoom Meeting.
2. The aim of this training is to, update and upgrade the knowledge and skills of our technical officials and coaches in the New Taekwondo Competition Rules especially on Poomsae, Speed Kicking and Kyorugi Events and capacitate the correct interpretation of new competition guidelines of Taekwondo under the PTA and WTF rules.
3. Participants to this training are the Technical Officials who served in the 2019 Palarong Pambansa held in Davao city; *one* (1) Sports Manager for Technical officials per division and *one* (1) coaches per division that will provide by the Regional Sports Officers (RSO) through their Division Sports Officers (DSO) and the member of the Technical Working Group (TWG). List of participants can be submitted to Palarong Pambansa Secretariat via email at [palarong.pambansa@deped.gov.ph](mailto:palarong.pambansa@deped.gov.ph) and [paljo\\_21@yahoo.com](mailto:paljo_21@yahoo.com).

4. Attached herewith is the copy of Training Matrix, Technical Working Group (TWG), and the expected list of participants.
  
5. For more information, inquiries, and clarifications, please contact Mr. Jeuffrey R. Palar, Taekwondo Sports Manager, through email [marber.nhs@deped.gov.ph](mailto:marber.nhs@deped.gov.ph) or [paljo\\_21@yahoo.com](mailto:paljo_21@yahoo.com) and contact no. 0946-236-5706.
  
6. Immediate dissemination of this Memorandum is encouraged.



# NATIONAL TRAINING/REFRESHER COURSE FOR DEPED TECHNICAL OFFICIALS AND COACHES ON TAEKWONDO COMPETITION RULES FOR POOMSAE, SPEEDKICKING AND KYORUGI

**April 4 – 6, 2022**  
**Via Zoom**

Training Matrix

| <b>Day 1<br/>April 4, 2022</b>  | <b>Day 2<br/>April 5, 2022</b>   | <b>Day 3<br/>April 6, 2022</b>   |
|---|--|--|
| 1. Opening Program<br><br>2. WEBINAR PROPER<br>- Qualities of a Good Referee<br>- Competition Rules and Standards for Poomsae<br>- Technical Assistance for the Conduct of the competition<br>- Open Forum. | 1. Webinar Proper<br>- Competition Rules for Speedkicking<br>- Technical Assistance for the Competition<br>- Open Forum. | 1. Webinar Proper<br>- Competition Rules and Standards for Kyorugi<br>- Hand Signals<br>- Technical Assistance for the conduct of the Competition<br>- Open Forum<br>- Closing Program |



Republic of the Philippines  
**DEPARTMENT OF EDUCATION**  
 PALARONG PAMBANSA 2019  
 Davao City  
**LIST OF OFFICIATING OFFICIALS**



|    | <b>NAME</b>               | <b>REGION/NSA</b> |
|----|---------------------------|-------------------|
| 1  | HARYNY P. TABUADA         | VI                |
| 2  | ROCKY SAMSON              | NSA               |
| 3  | RICKY SANTIAGO, JR.       | PTA               |
| 4  | RANI ANN ORTEGA           | IX                |
| 5  | LORAINE LORELEI CATALAN   | NSA               |
| 6  | EMMANUEL M. FLORES        | IX                |
| 7  | ARSENIO OCSING            | NSA               |
| 8  | RAMON TINA                | DEPED             |
| 9  | ADORACION T. MACAOAY      | I                 |
| 10 | HONEY BOY POBLETE         | I                 |
| 11 | JORGE GONZALES            | I                 |
| 12 | HAROLD HARRIS S. PELAGIO  | II                |
| 13 | ARNEL L. GAMATA           | II                |
| 14 | CHARMAIGN GAY F. CALATONG | III               |
| 15 | RHOBY A MENDAROS          | III               |
| 16 | SHIRLEY C. EVANGELSTA     | IV-A              |
| 17 | ARNEL E. TAÑADA           | IV-A              |
| 18 | ROSETTE R. MANGARIN       | IV-B              |
| 19 | OLIVIA O. LAGAN           | IV-B              |
| 20 | MARIA LESLIE MAÑAGO       | V                 |
| 21 | LEANDRO S. AURO           | V                 |
| 22 | MA. ELIZABETH BICO        | VI                |
| 23 | FRITZ METERIO             | VI                |
| 24 | EDSEL M. URSAL            | VII               |
| 25 | ROMEO AGUHAR              | VII               |
| 26 | CHRISTINE MAY BEATO       | VIII              |
| 27 | NINITO SALUDARIO          | VIII              |

|    |                        |        |
|----|------------------------|--------|
| 28 | ROBERT M. FLORES       | IX     |
| 29 | STARA MAE Q. TIONGCO   | X      |
| 30 | ARIES LEE PASCO        | X      |
| 31 | JOSETE ASILLO          | XI     |
| 32 | DACIE N. BANTAY        | XII    |
| 33 | BYRON BETITA           | ARMM   |
| 34 | ABELOU M. BERAY        | CAR    |
| 35 | JAY BENTAYO            | XII    |
| 36 | JONATHAN T. ARCUINO    | CARAGA |
| 37 | ROWENA SANCHEZ         | CARAGA |
| 38 | ROSELITO QUEJA         | NCR    |
| 39 | REVEL B. ROSARIO       | NCR    |
| 40 | VICENTE M. ZIPAGAN JR. | NCR    |
| 41 | NILO BALDELOBAR        | VIII   |
| 42 | MARLON BERNADAS        | XI     |
| 43 | JEUFFREY R. PALER      | XI     |
| 44 | MALEORENE R. DARPING   | XI     |
| 45 | BART ARAZADA           | XII    |

**A. Additional participants recommended by the Regional Sports through the Division Sports Officers:**

- (1) Sports Manager for Technical Officials per Division
- (1) Coach per Division

**B. Technical Working Group**

- 1. Astrophil Berte
- 2. Catherine R. Icdang
- 3. Kristine Marie Villamor