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Republic of the Philippines  
Department of Education  
REGION VIII - EASTERN VISAYAS

September 9, 2022

REGIONAL MEMORANDUM

No. **11013**, 1 2022

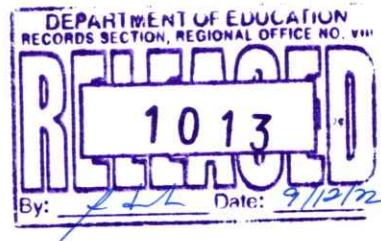
**WELLNESS DAY WEBINAR SERIES FOR DEPED EMPLOYEES**

To: Schools Division Superintendents  
Regional Office Employees  
All Others Concerned

- Attached is Memorandum DM-OUHROD-2022-0016 dated September 2, 2022 with the subject: **Wellness Day Webinar Series for DepEd Employees.**
- In this connection, all DepEd employees are invited to participate in the scheduled sessions per attached schedule from August to November 2022. The link and other details shall be posted in the **DepEd Philippines FB page.**
- Immediate dissemination with this Memorandum is desired.

  
**EVELYN R. FETALVERO, CESO IV**  
 Regional Director

Enclosure: As stated  
Reference: As stated  
To be indicated in the Perpetual Index  
under the following subjects:



EMPLOYEES

WEBINAR

WELLNESS

AD-PS-EDR





Republika ng Pilipinas

# Department of Education

## OFFICE OF THE UNDERSECRETARY

HUMAN RESOURCE AND ORGANIZATIONAL DEVELOPMENT,  
NATIONAL EDUCATORS ACADEMY OF THE PHILIPPINES,  
TEACHER EDUCATION COUNCIL SECRETARIAT, AND  
DEPED EMPLOYEES' ASSOCIATIONS COORDINATING OFFICE

DEPARTMENT OF EDUCATION  
**RECEIVED**  
REGISTRATION SECTION REGIONAL OFFICE NO. VI  
SEP 07 2022  
7702  
BY: \_\_\_\_\_ TIME: 3:

### MEMORANDUM

DM-OUHROD-2022-0015

TO : **Undersecretaries**  
**Assistant Secretaries**  
**Bureau and Service Directors**  
**Regional Directors**  
**Schools Division Superintendents**  
**Division Chiefs**  
**Heads of Schools**  
**All Others Concerned**

OFFICE OF THE DIRECTOR IV	
Date and Time Received	Signature
Date and Time Released	Signature

9/9/22  
1:07 am  
W

FROM : **GLORIA JUMAMIL-MERCADO**  
*Undersecretary for Human Resource and Organizational Development,  
National Educators Academy of the Philippines,  
Teacher Education Council Secretariat, and  
DepEd Employees' Associations Coordinating Office*

SUBJECT : **WELLNESS DAY WEBINAR SERIES FOR DEPED EMPLOYEES**

DATE : 02 September 2022

In line with our advocacy to provide interventions in promoting the wellbeing of our employees across all governance levels, the Bureau of Human Resource and Organizational Development - Employee Welfare Division (BHRD-EWD) recently launched the **Wellness Day Webinar Series** held last 31 August 2022.

These webinar series are composed of different sessions that aim to address various concerns related to the psychosocial and financial wellbeing of our employees. These webinars will be conducted using online platforms (Zoom or MS Teams) and will be live-streamed via DepEd Philippines Facebook (FB) page.

In this connection, we would like to invite all DepEd employees to participate in the scheduled sessions (*see Annex A*). Interested participants can join the online Zoom or MS Teams meeting room by registering to the link which will be provided in the detailed episode announcements/invitations to be posted on the DepEd Philippines FB page.

Expenses for these activities such as payment for honoraria of speakers and/or instructors shall be charged to the 2022 OPDNTF fund of the BHRD-EWD, subject to the usual accounting rules and regulations.

JMD email  
9/7/22

For further questions or clarifications, please contact the BHROD-EWD through the email address, [bhrod.ewd@deped.gov.ph](mailto:bhrod.ewd@deped.gov.ph).

Thank you.

**Wellness Day Webinar Series**  
August to November 2022

	<b>DATE AND TIME</b>	<b>THEME</b>
1	August 31, 2022 1:30 p.m. – 3:30 p.m.	Financial Wellness
2	September 14, 2022 9:00 a.m. to 11:00 a.m.	Financial Wellness
3	September 28, 2022 9:00 a.m. to 10:30 a.m.	Psychosocial Wellness
4	October 19, 2022 9:00 a.m. to 10:30 a.m.	Psychosocial Wellness
5	October 26, 2022 9:00 a.m. to 10:30 a.m.	Psychosocial Wellness
6	November 9, 2022 9:00 a.m. to 10:30 a.m.	Psychosocial Wellness
7	November 15, 2022 9:00 a.m. to 11:00 a.m.	Financial Wellness
8	November 16, 2022 9:00 a.m. to 11:00 a.m.	Financial Wellness
9	November 29, 2022 9:00 a.m. to 10:30 a.m.	Psychosocial Wellness

[BHR0D EWD/MCLatosal]