



Republic of the Philippines
Department of Education
REGION VIII - EASTERN VISAYAS

November 7, 2023

REGIONAL MEMORANDUM
No. **1231** s. 2023

**WORKSHOP ON NURTURING RELATIONSHIP AND WELL-BEING
TOWARDS TRANSFORMATIVE LEADERSHIP**

To: Director III
Schools Division Superintendents
Assistant Schools Division Superintendents
Regional Office Chiefs and Unit Heads
SGOD and CID Chiefs
All Others Concerned

1. To be able to provide education leaders an opportunity to reflect on professional and personal experiences, challenges, and achievements, this Office shall conduct a 3-day workshop on **Nurturing Relationship and Well-being Towards Transformative Leadership** through ARTshop and CAREShop on **November 20-23, 2023**. The venue shall be announced through separate advisory.

- 2. The objectives of the workshop are the following:
 - a. To provide a venue for sharing leadership life experiences and lessons learned;
 - b. To identify leadership challenges and interventions;
 - c. To provide them with experiences and skills on how to deal with everyday challenges and stresses attendant to their relationship with peers, in the family, in their group and partners.
 - d. To be informed about best practices on creative self-care, creative ways to address their deep-seated fears, doubts, biases and prejudices;
 - e. Identify their true meaning and purpose in life;
 - f. Learn effective techniques for mental health appreciation and healing through creative and reflective silence; and
 - g. Draw leadership transformative plans of action for self, team and organization.

3. The participants to the said activity are the following:

Regional Office	Regional Director Assistant Regional Director 8 Regional Office FD Chiefs 3 ORD Unit Heads
SUBTOTAL	13
Schools Division Office	13 SDSs 14 ASDSs
SUBTOTAL	27



Address: Government Center, Candahug, Palo, Leyte
Telephone Nos.: (053) 832-5738
Email Address: region8@deped.gov.ph
Website: <https://region8.deped.gov.ph>

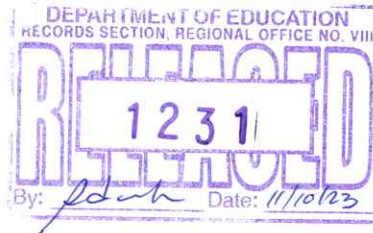
Doc. Ref. Code	ORD-2023-001	Rev	00
Effectivity	02.23.2023	Page	1 of 1

Speakers/Facilitators	6
TOTAL NO. OF PAX	46

4. All expenses incurred relative to the conduct of the activity shall be charged to RO funds subject to the usual accounting and auditing rules and regulations. Travel expenses shall be charged against local funds.
5. There will be Day 0 which will be on **November 20, 2023**. First meal to be served is afternoon snacks while the last meal to be served on Day 3, **November 23, 2023**, is lunch.
6. Immediate dissemination of and strict compliance with this Memorandum are desired.


EVELYN R. FETALVERO, CESO IV
 Regional Director

ORD-PAU-JFC



Address: Government Center, Candahug, Palo, Leyte
Telephone Nos.: (053) 832-5738
Email Address: region8@deped.gov.ph
Website: <https://region8.deped.gov.ph>

Doc. Ref. Code	ORD-2023-001	Rev	00
Effectivity	02.23.2023	Page	2 of 2