



Republic of the Philippines  
**Department of Education**  
REGION VIII - EASTERN VISAYAS

May 27, 2024

**REGIONAL MEMORANDUM**

No. **605** s. 2024

**REGIONAL PARTICIPANTS TO THE TRAINING ON BASIC PSYCHOLOGICAL FIRST AID  
IN GROUP SETTINGS FOR LEARNERS TELESAFE CONTACT CENTER  
HELPLINE (LTCCH) PERSONNEL AND LEARNER RIGHTS AND  
PROTECTION (LRP) FOCAL PERSONNEL**

To: Schools Division Superintendents  
All Others Concerned

1. Attached is Memorandum OM-OUOPS-2024-05-08750 from Atty. Revsee C. Escobedo, Undersecretary for Operations, dated May 6, 2024 requesting for participants to the Training on Basic Psychological First Aid in Group Settings for Learners Telesafe Contact Center Helpline (LTCCH) Personnel and Learner Rights and Protection (LRP) Focal Personnel on **June 18-21, 2024** at **Ecotech Center, Sudlon, Lahug, Cebu City**.

2. The Region VIII participants to this training are the following:

No	Name	Designation	Station
1	Lynneth A. Banoc	LRP Focal	Baybay City Division
2	Evangeline Badrina	LRP Focal	Tacloban City Division

3. The registration links, the administrative information, and other pertinent details of the event are stipulated in the attached Memorandum.

4. For further information relative to this activity, Ms. Eden A. Dadap, Regional LRP Focal Person, can be reached at 0912-6063544.

5. Immediate dissemination of and compliance with this Memorandum are desired.

  
**EVELYN R. FETALVERO CESO IV**  
Regional Director

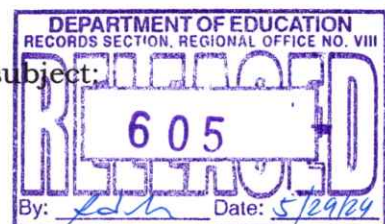
Enclosures: As stated

References: As stated

To be indicated in the Perpetual Index under the following subject:

LRP PFA

ESSD-SPPS-EAD



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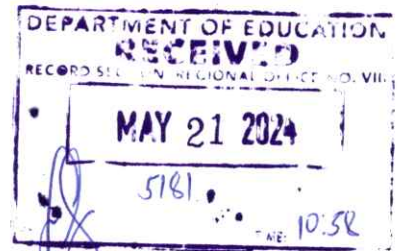


Address: Government Center, Candahug, Palo, Leyte  
Telephone No.: (053) 832-5738  
Email Address: region8@deped.gov.ph  
Website: region8.deped.gov.ph



Republika ng Pilipinas  
**Department of Education**

OFFICE OF THE UNDERSECRETARY FOR OPERATIONS



**MEMORANDUM**

**OM-OUOPS-2024-** 05-08700



**TO :** All Regional Directors  
 All Schools Division Superintendents  
 All others concerned

**FROM :** *Revsee A. Escobedo*  
**ATTY. REVSEE A. ESCOBEDO**  
 Undersecretary for Operations

**SUBJECT :** Request for Participants for the Training on Basic Psychological First Aid in Group Settings for Learners Telesafe Contact Center Helpline (LTCCH) Personnel and Learner Rights and Protection (LRP) Focal Personnel

**DATE :** May 06, 2024

This has reference to the “**Training on Basic Psychological First Aid in Group Settings for Learners Telesafe Contact Center Helpline (LTCCH) Personnel and Learner Rights and Protection (LRP) Focal Personnel**” to be held on **June 18-21, 2024 (inclusive of travel dates)**, at **Ecotech Center, Sudlon, Lahug, Cebu City**.

Pursuant to DepEd Order No. 3, s. 2021<sup>1</sup>, the Learner Rights and Protection Office (LRPO) serves as the lead office in planning, implementing, coordinating, and evaluating programs, projects, and activities, including intervention mechanisms, related to child protection at different governance levels of the Department. In line with DepEd Order No. 40, s. 2012<sup>2</sup>, the LRPO is mandated to “promote and maintain zero-tolerance to all forms of violence against children” and to establish a monitoring and reporting mechanism for all child protection related concerns.

The LRPO will conduct the aforementioned training-workshop, recognizing the need for immediate support in psychological distress situations. This aims to equip the LRP and LTCCH Focal Personnel with the proficiency to respond effectively to those in need. Through this training, participants will deepen their understanding of psychological first aid principles and enhance their skills in assisting learner-victims.

In this regard, all Regions are requested to identify participants from their Learner Rights and Protection (LRP) Regional and Schools Division Focal Personnel **who has not yet undergone PFA training**. Additionally, Schools Division Offices (SDOs) with the highest number of reported learner rights and protection cases are encouraged to join (See Annex A).

In the event that the Regional Permanent Focal/Alternate Focal Personnel are unavailable on the specified dates, may we kindly request the Region in identifying an alternate representative from the Schools Division Office to attend the said activity.

<sup>1</sup> DepEd Order No. 3, s. 2021, “Creation of the Child Protection Unit and the Child Rights in Education Desk in the Department of Education”  
<sup>2</sup> DepEd Order No. 40, s. 2012, “DepEd Child Protection Policy”

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The check-in of the participants shall be on **June 18, 2024, at 2:00 p.m.**, with the first meal to be served being **PM snacks**, while check-out shall be on **June 21, 2024, at 12:00 p.m.**, with the last meal to served being **lunch**.

The selected participants will have their travel expenses charged to the downloaded Program Support Funds to the Regional Offices, subject to existing budgeting, accounting, and auditing rules and regulations and internal policies of the Department of Education.

Furthermore, all participants are required to register through this link: <https://tinyurl.com/3r4uv67t>, or scan the QR Code no later than **Friday, May 24, 2024**.



Enclosed herewith is a copy of the indicative program for your reference.

Should you have any clarifications or concerns, please do not hesitate to contact LRPO at [lrpo@deped.gov.ph](mailto:lrpo@deped.gov.ph) or through the landline at (02) 8638-1782.

Immediate dissemination and response to this Memorandum is desired.

For your immediate compliance.

[LRPO/ DSSD & MPDA]

**ANNEX A**

**REGIONAL AND SCHOOLS DIVISION OFFICES ALLOTTED PARTICIPANTS**

<b>Region</b>	<b>Number of Allotted Participants (Regional Focal Personnel)</b>	<b>Number of Allotted Participants (SDO Focal Personnel)</b>
I	-	2 SDO Focal Personnel
II	1 Focal Personnel	1 SDO Focal Personnel
III	1 Focal Personnel	1 SDO Focal Personnel
IV-A	1 Focal Personnel	1 SDO Focal Personnel
MIMAROPA	1 Focal Personnel	1 SDO Focal Personnel
V	1 Alternate Focal Personnel	1 SDO Focal Personnel
VI	1 Alternate Focal Personnel	1 SDO Focal Personnel
VII	-	2 SDO Focal Personnel
VIII	1 Alternate Focal Personnel	1 SDO Focal Personnel
IX	1 Focal Personnel	1 SDO Focal Personnel
X	1 Focal Personnel	1 SDO Focal Personnel
XI	1 Focal Personnel	1 SDO Focal Personnel
XII	-	2 SDO Focal Personnel
CARAGA	1 Focal Personnel	1 SDO Focal Personnel
CAR	-	2 SDO Focal Personnel
NCR	1 Alternate Focal Personnel	1 SDO Focal Personnel
<b>TOTAL</b>	<b>12</b>	<b>20</b>



Republic of the Philippines  
**Department of Education**  
 LEARNER RIGHTS AND PROTECTION OFFICE

**INDICATIVE PROGRAM**

Day 1	
Time	Activity
2:00 p.m. – 3:00 p.m.	Arrival and Registration of Participants  <b>First Meal is PM snack</b>
3:00 p.m. – 3:30 p.m.	<b>OPENING PROGRAM</b> A. National Anthem B. Prayer C. Welcome Remarks D. Acknowledgement of Participants E. House Rules and Leveling of Expectations F. Program Flow G. Pre-Test
3:30- 4:00 p.m.	Introduction to Psychological First Aid (PFA)
4:00- 5:00 p.m.	Setting of Mood and Expectations
DAY 2	
8:00 - 8:30 a.m.	Introduction to Module 1: Validating and Normalizing Feelings
8:30 - 9:30 a.m.	Activity 1: Music and Arts
9:30 - 10: 30 a.m.	Activity 2: Video Analysis: Role of PFA in Supporting Individuals in Distress
10:30 - 10:45 a.m.	<b>HEALTH BREAK</b>
10:45 - 11:45 a.m.	Activity 3: Mapping/ Paint Me
11:45- 12:00 n.n.	Module 1 Wrap up
12:00 - 1:00 p.m.	<b>LUNCH</b>
1:00 - 1:30 p.m.	Module 2: Calming Down & Controlling One's Feelings Identifying Signs of Distress and Crisis
1:30 - 2:30 p.m.	Activity 1: Distressing Events
2:30- 3:30 p.m.	Activity 2: Reactions to Distressing Events
3:30 - 4:00 p.m.	<b>HEALTH BREAK</b>
4:00 - 5:00p.m.	Activity 3: Calming Someone in Distress (Every Breath you Take)
6:00 p.m. onwards	<b>DINNER</b>
DAY 3	
8:00 - 8:30 a.m.	<b>MANAGEMENT OF LEARNING</b>
8:30 - 9:00 a.m.	Module 3: Linking: Identifying and Addressing Needs Complex Situations and Reactions
9:00 - 10:15 a.m.	Activity 1: Managing Challenging Scenarios
10:15 - 10:30 a.m.	<b>HEALTH BREAK</b>
10:30 - 12:00 n.n.	Activity 2: Short Skit
12:00 - 1:00 p.m.	<b>LUNCH BREAK</b>
1:00 - 1:10 p.m.	<b>ENERGIZER</b>
1:10- 1:40 p.m.	Module 4: Identifying Sources of Strength
1:40 - 3:00 p.m.	Activity 1 & 2: Lifeline and Shirt mapping
3:00- 3:15 p.m.	<b>HEALTH BREAK</b>
3:15 - 4:30 p.m.	Activity 3: Crossing the Hurdle: Life Lessons Learned
4:30 - 5:00 p.m.	Wrap up: Clarifying Concepts and Addressing Challenges
6:00 p.m. onwards	<b>DINNER</b>
Day 4	
8:00 - 8:30 a.m.	<b>MANAGEMENT OF LEARNING</b>
8:30 - 10:00 a.m.	Post-Test
10:00 - 12:00 n.n..	<b>CLOSING CEREMONY</b> A. CLOSING REMARKS B. TAKE-HOME MESSAGE C. RESPONSE FROM THE PARTICIPANTS  <b>Last Meal is Lunch</b>
12:00 n.n. onwards	<b>DEPARTURE</b>