



Republic of the Philippines
Department of Education
 REGION VIII - EASTERN VISAYAS

August 16, 2024

REGIONAL MEMORANDUM
 ESSD – 2024 - **951**

**TRAINING FOR GUIDANCE COUNSELORS ON SUICIDE PREVENTION
 (CAPB PROGRAM FOR GUIDANCE COUNSELORS PHASE 2)**

To: Schools Division Superintendent } Tacloban City Division
 } Baybay City Division

1. With reference to Memorandum OM-OUOPS-2024-09-05995, this Office, through the Education Support Services Division, announces the participants of the Training on September 9-13, 2024 within Manila are as follows:

- a. Julienne Rose P. Saballa - Guidance Coordinator III, Tacloban City Division
- b. Alexander A. Gallego - Guidance Counselor II, Baybay City Division

2. Board and lodging of the participants shall be charged against the BLSS-SHD FY 2024 LSP Continuing Funds. Travel expenses shall be lodged under the SMHP Support Funds for the DepEd Field Office participants, subject to the usual accounting and auditing rules and regulations.

3. For further queries and concerns, **Ms. Carmella Mergenio, Rpm** of BLSS-SHD (02 8632-9935 | carmella.mergenio@deped.gov.ph), or **Ms. Millie Jane Fudolig, RGC, Rpm** of NEAP-PDD (02 8715-9919 | millie.fudolig@deped.gov.ph), through email at schoolmentalhealth@deped.gov.ph
 cc: blss.shd@deped.gov.ph.

4. For immediate dissemination and compliance of this Memorandum are desired.

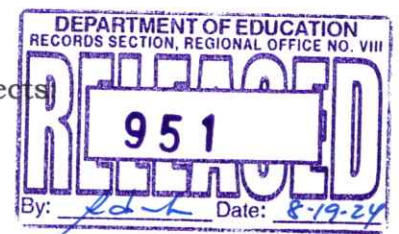

EVELYN R. FETALVERO CESO IV
 Regional Director 

Enclosures: NA

References: As stated

To be indicated in the Perpetual Index under the following subjects:
 COUNSELING SUICIDE PREVENTION
 GUIDANCE SCHOOL HEALTH

ESSD-SHNU-ALSL





Republika ng Pilipinas
Department of Education

OFFICE OF THE UNDERSECRETARY FOR OPERATIONS

MEMORANDUM
OM-OUOPS-2024-09-0895

TO : REGIONAL DIRECTORS
SCHOOLS DIVISION SUPERINTENDENTS
HUMAN RESOURCE DEVELOPMENT DIVISION CHIEFS
NEAP-R FOCAL PERSONS
ALL OTHERS CONCERNED

FROM : 
WILFREDO E. CABRAL
Regional Director
OIC, Office of the Undersecretary for Human Resource and
Organizational Development


ATTY. REVSEE A. ESCOBEDO
Undersecretary for Operations

SUBJECT : TRAINING FOR GUIDANCE COUNSELORS ON SUICIDE
PREVENTION (CAPACITY BUILDING PROGRAM FOR GUIDANCE
COUNSELORS PHASE 2)

DATE : July 17, 2024

1. In accordance with RA 11036 *Mental Health Act*, the Department of Education (DepEd) shall pursue strategies that promote the realization of mental health and well-being in educational institutions. Further, DepEd shall guide the schools in providing support and services for learners at risk, and facilitating access of learners to treatment and psychosocial support.
2. Pursuant to RA 11713 *Excellence in Teacher Education Act of 2021*, DepEd through the National Educators Academy of the Philippines (NEAP) is mandated to provide quality professional development programs to teachers, school leaders, and other teaching-related personnel.
3. Contributing to the Department's Basic Education Development Plan 2030, particularly its strategy of nurturing and protecting learners' mental and psychosocial health, the NEAP conducted Phase 1 of the Capacity Building Program for Guidance Counselors. It consisted of six batches, which ran from the 4th quarter of 2023 to the 1st quarter of 2024.



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| Doc. Ref. Code | OM-OUOPS | Rev | 01 |
| Effectivity | 03.23.23 | Page | 1 of 3 |



4. To capacitate the guidance counselors who have not yet attended the said training, the Bureau of Learner Support Services (BLSS) and NEAP, in partnership with the Unilab Foundation, will conduct a **Training for Guidance Counselors on Suicide Prevention (Capacity Building Program for Guidance Counselors Phase 2)** to help them become effective gatekeepers in the school setting.
5. The program aims to:
 - a. Recognize risk factors and warning signs that may indicate a learners' need for mental health support.
 - b. Demonstrate understanding on utilizing different techniques and tools to deliver counseling remotely and face-to-face.
 - c. Identify essential qualities, techniques, and ethical considerations relevant to the roles of guidance counselor and counseling supervision in suicide prevention and mental health support.
6. The Training for Guidance Counselors on Suicide Prevention (Capacity-Building Program for Guidance Counselors Phase 2) will be conducted from **September 9-13, 2024**, within Metro Manila.
7. The Training will be attended by RGCs assigned in schools who are occupying Guidance Counselor Plantilla items and duly Registered Guidance Counselor (RGC) assigned to the Schools Division Offices (SDOs) and Regional Offices (ROs) who are serving as focal persons. In line with DM-OUHROD-2024-0463, the identified participants are listed in **Annex A**. The program matrix for the Training is attached as **Annex B**.
8. For confirmation of attendance, all Training participants must register on this link: bit.ly/CapBuildRGCsP2 on or before **August 16, 2024, Friday**.
9. The costs of the board and lodging of the participants shall be charged against the BLSS-SHD FY 2024 LSP Continuing Funds. Meanwhile, the travel expenses of the participants may be charged to the School Mental Health Program Support Funds, which were downloaded to DepEd Regional Offices. Expenses incurred are subject to the usual accounting, budgeting, and auditing procedures.
10. Meals and accommodations are as follows:

| MEALS | Day 1 (Mon) | Day 2 (Tues) | Day 3 (Wed) | Day 4 (Thurs) | Day 5 (Fri) |
|-----------|-------------|--------------|-------------|---------------|-------------|
| Breakfast | | ✓ | ✓ | ✓ | ✓ |
| AM Snacks | | ✓ | ✓ | ✓ | ✓ |
| Lunch | ✓ | ✓ | ✓ | ✓ | ✓ |
| PM Snacks | ✓ | ✓ | ✓ | ✓ | |
| Dinner | ✓ | ✓ | ✓ | ✓ | |

11. For the conduct of the aforementioned activities that will fall on weekends and holidays, the Regional Office and/or Schools Division Office is requested to provide Compensatory Time-Off (CTO) to the participants to compensate for time rendered that is supposed to be for personal use and rest.

12. All participants are required to bring their own laptop, laptop charger and extension cord as completion of outputs will be accomplished in the venue. Please be reminded as well to bring maintenance medications if you have any.
13. Attached to this memorandum are the following:
 - Annex A: List of Participants
 - Annex B: Program Matrix
14. Should you have further questions or clarifications, please contact **Ms. Carmella Mergenio, Rpm** of BLSS-SHD (02 8632-9935 | carmella.mergenio@deped.gov.ph) or **Ms. Millie Jane Fudolig, RGC, Rpm** of NEAP-PDD (02 8715-9919 | millie.fudolig@deped.gov.ph).
15. Immediate dissemination of and appropriate action on this memorandum is desired.

Annex A:**LIST OF PARTICIPANTS****I. Program Management Team**

| OFFICE | NAME | POSITION |
|---------------|-------------------------------|-------------------------------------|
| BLSS-SHD | Dr. Ann P. Quizon | Supervising Health Program Officer |
| BLSS-SHD | Carmella Joyce L. Mergenio | Technical Assistant II |
| BLSS-SHD | Jordan P. Concepcion | Technical Assistant II |
| BLSS-SHD | Amina Aisa H. Boncales | Technical Assistant II |
| BLSS-SHD | Belle Beatrice D. Hombrebueno | Technical Assistant II |
| BLSS-SHD | Jon Jovi Osdaña | Technical Assistant II |
| BLSS-SHD | Shirley T. Laurel | Administrative Assistant II |
| NEAP-PDD | Millie Jane T. Fudolig | Senior Education Program Specialist |
| NEAP-PDD | Fleura Karina C. Lorenzo | Technical Assistant II |
| NEAP-PDD | Jojet T. Gabriel | Administrative Support II |
| NEAP-PDD | 1 representative | TBD |
| NEAP QAD | 1 representative | TBD |

II. Core Team

| | NAME | REGION | POSITION |
|-----|----------------------------|---------------|-------------------------------|
| 1. | Annabella G. Dingwasen | I | Guidance Counselor III |
| 2. | Sheridan Manamtam | I | Guidance Counselor III |
| 3. | Ma. Kathleen Maye A. Haban | II | Guidance Counselor III |
| 4. | Airene P. Dayrit | III | Guidance Coordinator |
| 5. | Julie E. Dangan | III | Guidance Counselor III |
| 6. | Maria Niña M. Mariñas | III | Guidance Counselor II |
| 7. | Riessa Leah B. Gonzales | IV - A | Guidance Counselor III |
| 8. | Sheena Wella G. Arguelles | IV-A | Guidance Coordinator III |
| 9. | Floyd A. Socrates | MIMAROPA | Guidance Counselor III |
| 10. | Kurt Essa A. Rastrullo | V | Guidance Counselor II |
| 11. | Kareen B. Arcenas | VI | Guidance Counselor III |
| 12. | Charles Mathew T. Japitan | VII | Guidance Counselor II |
| 13. | Junides O. Aro | VII | Guidance Counselor II |
| 14. | Kathleen D. Omoso | VII | Guidance Service Specialist I |
| 15. | Nerizza Conie E. Camacho | VII | Guidance Counselor III |
| 16. | Nicah Maan C. Acojido | VII | Guidance Service Specialist I |
| 17. | Julienne Rose P. Saballa | VIII | Guidance Coordinator III |
| 18. | Mark Risty S. Tan-awon | IX | Guidance Counselor I |
| 19. | Joan B. Cañeda | X | Guidance Coordinator III |

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|-----|-------------------------------|--------|------------------------|
| 20. | Melecare M. Carrillo | XI | Guidance Counselor III |
| 21. | Ryan A. Betoya | XII | Guidance Counselor II |
| 22. | Generuth M. Bagaforo | CARAGA | EPS II |
| 23. | Doddie Marie L. Duclan | CAR | EPS |
| 24. | Harlene Rose V. Mamiit | NCR | Guidance Coordinator I |
| 25. | Maria Laarni Carla C. Paranis | NCR | EPS |

III. Participants

| | Full Name | Region | DepEd Position Title |
|-----|-------------------------------|-----------|--------------------------------|
| 1. | Ananayo, Randolph M. | CAR | Guidance Counselor II |
| 2. | Andres, Ma. Danica P. | CAR | Guidance Counselor II |
| 3. | Balanon, Rhodelia J. | CAR | Guidance Counselor III |
| 4. | Balneg, Jestoni B. | CAR | Education Program Specialist |
| 5. | Base, Agapita K. | CAR | Guidance Counselor II |
| 6. | Belgica, Maribel T. | CAR | Guidance Counselor III |
| 7. | Budo, Eunice D. | CAR | Guidance Counselor III |
| 8. | Dolnagon, Tina C. | CAR | Guidance Counselor III |
| 9. | Fetiza, Jocelyn J. | CAR | Guidance Counselor III |
| 10. | Lesino, Estefany D. | CAR | Guidance Counselor III |
| 11. | Maria Trinidad M. Panglao | CAR | Guidance Counselor III |
| 12. | Matias, Brenda M. | CAR | Guidance Counselor III |
| 13. | Aquino-Jimenez, Mayclaire | CAR | Project Development Officer IV |
| 14. | Basnillo, Jocelyn S. | Caraga | Guidance Counselor II |
| 15. | Cullamat, Ivy Jane T. | Caraga | Guidance Counselor I |
| 16. | Tuazon, Roxanne May . | Caraga | Guidance Counselor II |
| 17. | Tillo, Antonette F. | Caraga | Guidance Counselor I |
| 18. | Aguinaldo, Cleopatra Daisy T. | NCR | Guidance Counselor II |
| 19. | Alejandro Lorena R. | NCR | Guidance Counselor III |
| 20. | Ampo, Kim G. | NCR | Guidance Counselor III |
| 21. | Castillo, Lorena Maria D. | NCR | Guidance Counselor II |
| 22. | Correa, Darryl C. | NCR | Guidance Counselor I |
| 23. | Daga, Maria Emma T. | NCR | Guidance Counselor III |
| 24. | Din, Jesusa V. | NCR | Guidance Counselor III |
| 25. | Rodriguez, Ma. Lovenia H. | NCR | Guidance Counselor I |
| 26. | Samantila, Elvira G. | NCR | Guidance Counselor III |
| 27. | Biagtan, Maria Amor Vena | Region I | Guidance Coordinator III |
| 28. | Mabanag, Bianca Katrina, R. | Region I | Guidance Coordinator III |
| 29. | Navarro, Rowena P. | Region I | Guidance Counselor III |
| 30. | Tacdol, Nika Paula P. | Region I | Guidance Counselor III |
| 31. | Volante, Donna A | Region I | Guidance Counselor III |
| 32. | Domingo, Mia Flor Mia L. | Region II | Guidance Counselor II |

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|-----|-----------------------------|-------------|--------------------------|
| 33. | Adi, Juliet V. | Region II | Guidance Counselor III |
| 34. | Acupan, Harlene, A. | Region II | Guidance Counselor III |
| 35. | Conde, Ligaya A. | Region II | Guidance Counselor III |
| 36. | Lazaro, Ronalyn R. | Region II | Guidance Counselor III |
| 37. | Maguigad, Ana Riza Padua | Region II | Guidance Counselor III |
| 38. | Palattao, Fely Ann A. | Region II | Guidance Counselor III |
| 39. | Ramos, Vilma S. | Region II | Guidance Counselor III |
| 40. | Rodriguez, Judy Ann Mila S. | Region II | Guidance Counselor III |
| 41. | Troyo, Maida V. | Region II | Guidance Counselor III |
| 42. | Vergara, Leilani Ruadap | Region II | Guidance Counselor III |
| 43. | Villar, Avon Grace, T. | Region II | Guidance Counselor II |
| 44. | Rubia, Leane Kimber | Region III | Guidance Counselor III |
| 45. | Adriano, Gay S. | Region III | Guidance Coordinator II |
| 46. | Ajose, Rowena Dr. | Region III | Guidance Counselor III |
| 47. | Asor, Gina A. | Region III | Guidance Counselor II |
| 48. | Aujero, Maan C. | Region III | Guidance Counselor III |
| 49. | Bernabe, Andrea F. | Region III | Guidance Coordinator I |
| 50. | Calma, Annalyn P. | Region III | Guidance Counselor III |
| 51. | Centeno, Rosalyn Q. | Region III | Guidance Coordinator I |
| 52. | Cruz, Maribel M. | Region III | Guidance Coordinator I |
| 53. | De Jesus, Nelly M. | Region III | Guidance Counselor II |
| 54. | Dionisio, Crissalyn Joy A. | Region III | Guidance Counselor II |
| 55. | Ibe, Carolina B. | Region III | Guidance Counselor III |
| 56. | Itas, Danilo D. | Region III | Guidance Counselor II |
| 57. | Legaspi, Hazel Karren Z. | Region III | Guidance Counselor II |
| 58. | Maderas, April M. | Region III | Guidance Counselor III |
| 59. | Maninang, Joana M. | Region III | Guidance Counselor III |
| 60. | Manuel, Aurora M. | Region III | Guidance Counselor III |
| 61. | Maranan, Shiela S. | Region III | Guidance Counselor III |
| 62. | Medina, Liza Marie Z. | Region III | Guidance Counselor III |
| 63. | Mendoza, Annabelle M. | Region III | Guidance Counselor III |
| 64. | Mendoza, Emita R. | Region III | Guidance Counselor II |
| 65. | Merenciano, Regina M. | Region III | Guidance Counselor I |
| 66. | Perona, Amorfil G. | Region III | Guidance Counselor III |
| 67. | Ramos, Anita S. | Region III | Guidance Counselor II |
| 68. | Sabiano, Ryan M. | Region III | Guidance Counselor III |
| 69. | Sabino, Mary Jane S. | Region III | Guidance Counselor III |
| 70. | Simon, Donald G. | Region III | Guidance Counselor III |
| 71. | Singian Saturnino Ibon | Region III | Guidance Coordinator III |
| 72. | Amurao, Jojo A. | Region IV-A | Guidance Counselor III |
| 73. | Gabriel, Camila Louise | Region IV-A | Guidance Counselor III |

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| 74. | Suministrado, Lerma | Region IV-A | Guidance Counselor III |
| 75. | Gondra, Amor | Region IV-A | Guidance Counselor III |
| 76. | Teodoro, Cheryl | Region IV-A | Guidance Counselor III |
| 77. | Gonzalez, Nina M. | Region IV-A | Guidance Counselor III |
| 78. | Mente, Iris V. | Region IV-A | Guidance Counselor III |
| 79. | Basas, Jean | Region IV-A | Guidance Counselor III |
| 80. | Morales, Den S. | Region IV-A | Guidance Counselor III |
| 81. | Aquino, Jade Ann V. | Region IV-A | Guidance Counselor III |
| 82. | Borgoños-Pales, Mariz P. | Region IV-A | Guidance Counselor III |
| 83. | Cruz, April Joy P. | Region IV-A | Guidance Counselor III |
| 84. | De Vera, Vigiline A. | Region IV-A | Guidance Counselor III |
| 85. | Gan, Rio G. | Region IV-A | Guidance Counselor III |
| 86. | Lanorio, Ela L. | Region IV-A | Guidance Counselor III |
| 87. | Manalo, Ronalyn F. | Region IV-A | Guidance Counselor III |
| 88. | Mapalad, Mitchel S. | Region IV-A | Guidance Counselor III |
| 89. | Portes, Sarah Catrina D. | Region IV-A | Guidance Counselor II |
| 90. | Teodoro, Cheryl Delos Santos | Region IV-A | Guidance Counselor III |
| 91. | Tibayan, Earl Sanderson G. | Region IV-A | Guidance Counselor III |
| 92. | Mejos, Abby Grace E. | Region IV-B | Guidance Counselor I |
| 93. | Manalo, Dyna P. | Region IV-B | Guidance Counselor II |
| 94. | Montes, Vivien C. | Region IV-B | Guidance Counselor I |
| 95. | Abenes, Annelyn B. | Region IX | Guidance Counselor III |
| 96. | Antes, Harold, T. | Region IX | Guidance Counselor III |
| 97. | Astillero, Ronaldo, F. | Region IX | Guidance Counselor II |
| 98. | Caguimbay, Noniel L. | Region IX | Guidance Counselor II |
| 99. | Dandoy, Phoebe Jean Sugabo | Region IX | Guidance Counselor II |
| 100. | Embol, Faith Mikee J. | Region IX | Guidance Counselor II |
| 101. | Guinea, Jinky Marie R. | Region IX | Guidance Counselor II |
| 102. | Kuizon, Merelie B. | Region IX | Guidance Counselor II |
| 103. | Omamalin, Marrielle Joshua V. | Region IX | Guidance Counselor II |
| 104. | Pacatang, Cristy Ross A. | Region IX | Guidance Counselor II |
| 105. | Rosales, Heather M. | Region IX | Guidance Counselor III |
| 106. | Jadie Shiela | Region V | Guidance Counselor III |
| 107. | Alcantara, Romela A. | Region V | Guidance Counselor II |
| 108. | Ancheta, Mary Porteria H. | Region V | Guidance Counselor II |
| 109. | Asido, Rhodalyn P. | Region V | Guidance Counselor II |
| 110. | Barretto, Rhoderick M. | Region V | District Guidance Coordinator |
| 111. | Basilla, Marites C. | Region V | Guidance Counselor III |
| 112. | Bayrante, Rose Angeline V. | Region V | Guidance Counselor III |
| 113. | Buena, Teresa V. | Region V | Guidance Counselor III |
| 114. | Cacatian, Jemima E. | Region V | Guidance Counselor II |

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| 115. | Cuña-San Buenaventura, Remilyn Camila | Region V | Guidance Counselor III |
| 116. | Estrella, Mercy C. | Region V | Guidance Counselor II |
| 117. | Lorca, Johnly B. | Region V | Guidance Counselor II |
| 118. | Lorca, Monica M. | Region V | Guidance Counselor II |
| 119. | Magó, Marie Arizapa | Region V | Guidance Counselor I |
| 120. | Malano, Berne Garcia | Region V | Guidance Counselor II |
| 121. | Perez, Maria Victoria D. | Region V | Guidance Counselor III |
| 122. | Marzan, Edilyn R. | Region V | Guidance Counselor II |
| 123. | Narido, Babylyn M. | Region V | Guidance Counselor II |
| 124. | Pacardo, Sheenaly P. | Region V | Guidance Counselor II |
| 125. | Sanchez, Rossel B. | Region V | Guidance Counselor II |
| 126. | Sernande, Rolando B. | Region V | Guidance Counselor II |
| 127. | Silos, Melvin A. | Region V | Guidance Counselor II |
| 128. | Soltes, Junecel O. | Region V | Guidance Counselor II |
| 129. | Villezar, Jennette F. | Region V | Guidance Counselor II |
| 130. | Alindog, Jenelyn D. | Region VI | Guidance Counselor I |
| 131. | Andrada, Ruby Rose V. | Region VI | Guidance Counselor III |
| 132. | Bolivar, Ma. Jobelle Lorraine P. | Region VI | Guidance Counselor I |
| 133. | Botalon, Jeff Russel S. | Region VI | Guidance Counselor II |
| 134. | Delfin, Junenalyn Grace C. | Region VI | Guidance Counselor III |
| 135. | Deramas, Emzee Mae M. | Region VI | Guidance Counselor III |
| 136. | Fuentes, Madel M. | Region VI | Guidance Counselor III |
| 137. | Gibraltar, Jemma A. | Region VI | Guidance Counselor III |
| 138. | Harder, Gladys B. | Region VI | Guidance Counselor III |
| 139. | Junco, Anelene A. | Region VI | Guidance Counselor III |
| 140. | Lao, Kristien Leyn A. | Region VI | Guidance Counselor III |
| 141. | Lopez, Jonna I. | Region VI | Guidance Counselor III |
| 142. | Magbanua, Claire B. | Region VI | Guidance Counselor III |
| 143. | Molina, Maria Elena D. | Region VI | Guidance Coordinator III |
| 144. | Pambo, Elizabeth A. | Region VI | Guidance Counselor III |
| 145. | Ramos, Emelyn Bandada | Region VI | Guidance Counselor III |
| 146. | Sevillo, Jackson Ray S. | Region VI | Guidance Counselor III |
| 147. | Alqueza, Summer R. | Region VII | Guidance Counselor II |
| 148. | Ay-Ad, Vina Rose Daquipil | Region VII | Guidance Counselor II |
| 149. | Bagolor, Fiel Angelie, P. | Region VII | Guidance Counselor II |
| 150. | Cabacog, Pete M. | Region VII | Guidance Counselor II |
| 151. | Casipong, Loviemer S. | Region VII | Guidance Counselor II |
| 152. | Espina, Maricille M. | Region VII | Guidance Counselor II |
| 153. | Famulagan, Mae A. | Region VII | Guidance Counselor II |
| 154. | Gaborno, Irene H. | Region VII | Guidance Counselor II |
| 155. | Lacaba, Renelda B. | Region VII | Guidance Coordinator III |

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|------|--------------------------------|-------------|---------------------------------|
| 156. | Lavadia, Genevieve M. | Region VII | Guidance Counselor II |
| 157. | Lopez, Ma. Cecilia P. | Region VII | Guidance Counselor II |
| 158. | Olandria, Eden Joy P. | Region VII | Guidance Counselor II |
| 159. | Partosa, Rosyl Geraldine M. | Region VII | Guidance Services Specialist II |
| 160. | Rebecca, Sharon S. | Region VII | Guidance Counselor II |
| 161. | Tajantajan, Marianne R. | Region VII | Guidance Counselor II |
| 162. | Vallecer, Flordeliza A. | Region VII | Guidance Counselor II |
| 163. | Ybañez, Krisa M. | Region VII | Guidance Counselor II |
| 164. | Gallego, Alexander A. | Region VIII | Guidance Counselor II |
| 165. | Mantilla, Laarni Concordia A. | Region VIII | Guidance Counselor III |
| 166. | Sison, Kristine Cyrelle Mae V. | Region VIII | Guidance Counselor I |
| 167. | Duron, Shiela Marie B. | Region X | Guidance Coordinator II |
| 168. | Dando, Xeniah Caryl C. | Region X | Guidance Coordinator III |
| 169. | Gallardo, Maricris, T. | Region X | Guidance Counselor I |
| 170. | Kwek, Aldwin Murphy | Region X | Guidance Counselor II |
| 171. | Macarayo, Al Francis L. | Region X | Guidance Counselor III |
| 172. | Macarayo, Melody D. | Region X | Guidance Counselor III |
| 173. | Monero, Christina E | Region X | Guidance Coordinator III |
| 174. | Monoy, Girlie S. | Region X | Guidance Coordinator III |
| 175. | Octaviano, Catherine V. | Region X | Guidance Counselor II |
| 176. | Quiapo, Frances Joan L. | Region X | Guidance Counselor III |
| 177. | Sanson, Riza June M. | Region X | Guidance Counselor III |
| 178. | Santos, Raquel C. | Region X | Guidance Counselor I |
| 179. | Vergara, Evangeline P. | Region X | Guidance Counselor II |
| 180. | Santos, Raquel C. | Region X | Guidance Counselor I |
| 181. | Octaviano, Catherine V. | Region X | Guidance Counselor II |
| 182. | Borromeo, Emma | Region X | Guidance Counselor II |
| 183. | Florendo, Malou, | Region X | Guidance Coordinator III |
| 184. | Marban, Pamela Louis F. | Region X | Guidance Counselor II |
| 185. | Behis, Kendrid Marie Q. | Region X | Guidance Counselor II |
| 186. | Panaguiton, Aldrin L. | Region X | Guidance Counselor II |
| 187. | Santos, Raquel C. | Region X | Guidance Counselor I |
| 188. | Lupiba, Ivan H. | Region XI | Guidance Counselor III |
| 189. | Orosio, Junliet | Region XI | Guidance Counselor III |
| 190. | Flores, Marilou | Region XI | Guidance Counselor III |
| 191. | Besas, Vivian D. | Region XI | Guidance Counselor II |
| 192. | Abastillas, Gladys L | Region XI | Guidance Counselor II |
| 193. | Adlawan, Jazenn Jane A. | Region XI | Guidance Counselor II |
| 194. | Amodia, Michelle H. | Region XI | Guidance Counselor II |
| 195. | Balaguer, Reynz Edda Marie C. | Region XI | Guidance Counselor II |
| 196. | Caminade, Ma. Lourdes B. | Region XI | Guidance Counselor II |

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|------|-----------------------------|------------|------------------------|
| 197. | Cutin, Tresita T. | Region XI | Guidance Counselor III |
| 198. | Efondo, Virginia P. | Region XI | Guidance Counselor III |
| 199. | Español, Shella T. | Region XI | Guidance Counselor II |
| 200. | Genovia, Shirley C. | Region XI | Guidance Counselor III |
| 201. | Misterio, Nelyn H. | Region XI | Guidance Counselor II |
| 202. | Paclibar, Maribel P. | Region XI | Guidance Counselor II |
| 203. | Cinco, Maricel L. | Region XI | Guidance Counselor II |
| 204. | Pintac, Carmencita Tamula | Region XI | Guidance Counselor II |
| 205. | Santos, Eversweet R. | Region XI | Guidance Counselor III |
| 206. | Tampipi, Annalou L. | Region XI | Guidance Counselor III |
| 207. | Torres, Mac Laarni | Region XI | Guidance Counselor III |
| 208. | Orge, Divina | Region XI | Guidance Counselor II |
| 209. | Zafico, Jorge Jr G. | Region XI | Guidance Counselor II |
| 210. | Bautista, Leah C. | Region XII | Guidance Counselor II |
| 211. | Fernando, John Karl D. | Region XII | Guidance Coordinator I |
| 212. | Gajo, Mary Frettie S. | Region XII | Guidance Counselor II |
| 213. | Lumaad, Jovencio Carbonilla | Region XII | Guidance Counselor II |

PROGRAM MATRIX

CAPACITY BUILDING FOR GUIDANCE COUNSELORS
(TRAINING FOR GUIDANCE COUNSELORS ON SUICIDE PREVENTION)

| TIME | ACTIVITY |
|------------------------|--|
| DAY 0 (SUNDAY) | |
| - | Arrival of Program Management Team (PMT), Core Team, and Resource Persons |
| 1:00 PM – 5:00 PM | Pre-activity preparations |
| DAY 1 (MONDAY) | |
| 8:00 AM – 10:00 AM | Orientation for the Core Team |
| 10:00 AM – 10:30 AM | Health Break |
| 10:30 AM – 12:00 PM | Continuation of the Orientation for the Core Team |
| 12:00 PM – 1:00 PM | Lunch Break |
| 1:00 PM – 2:00 PM | Registration of Participants |
| 2:00 PM – 3:00 PM | Opening Program <ul style="list-style-type: none"> • National Anthem • Ecumenical Prayer • DepEd QPS • Welcome Remarks • Introduction of Participants • Photo Documentation • Session Norms |
| 3:00 PM – 3:30 PM | Health Break |
| 3:30 PM – 4:00 PM | Program Overview |
| 4:00 PM – 4:30 PM | End-of-day Evaluation and Clearing House / Other Reminders |
| DAY 2 (TUESDAY) | |
| 8:00 AM – 8:30 AM | Management of Learning <ul style="list-style-type: none"> • Leveling of Expectations • Program Objectives • Program Matrix • Session Norms |
| 8:30 AM – 10:00 AM | SESSION 1 Module 1: Basic Skills for All Personnel Suicide in the School |
| 10:00 AM – 10:30 AM | Health Break |
| 10:30 AM – 12:00 PM | Continuation of Suicide in the School |
| 12:00 PM – 1:00 PM | Lunch Break |
| 1:00 PM – 2:30 PM | SESSION 2 How to RACE Against Suicide |
| 2:30 PM – 3:00 PM | Health Break |

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| 3:00 PM – 4:00 PM | Continuation of How to RACE Against Suicide |
| 4:00 PM – 4:30 PM | Case Simulation |
| 4:30 PM – 5:00 PM | End-of-day Evaluation and Clearing House / Other Reminders |
| DAY 3 (WEDNESDAY) | |
| 8:00 AM – 8:30 AM | Management of Learning <ul style="list-style-type: none"> • Leveling of Expectations • Program Objectives • Program Matrix • Session Norms |
| 8:30 AM – 10:00 AM | SESSION 3 Module 2 Suicide Intervention |
| 10:00 AM – 10:30 AM | Health Break |
| 10:30 AM – 12:00 PM | Continuation of Suicide Intervention |
| 12:00 PM – 1:00 PM | Lunch Break |
| 1:00 PM – 2:30 PM | SESSION 4 Basic Counseling Techniques |
| 2:30 PM – 3:00 PM | Health Break |
| 3:00 PM – 4:30 PM | SESSION 5 Self-Care |
| 4:30 PM – 5:00 PM | End-of-day Evaluation and Clearing House / Other Reminders |
| DAY 4 (THURSDAY) | |
| 8:00 AM – 8:30 AM | Management of Learning <ul style="list-style-type: none"> • Leveling of Expectations • Program Objectives • Program Matrix • Session Norms |
| 8:30 AM – 10:00 AM | SESSION 6 Referral System |
| 10:00 AM – 10:30 AM | Health Break |
| 10:30 AM – 12:00 AM | Continuation of Referral System |
| 12:00 PM – 1:00 PM | Lunch Break |
| 1:00 PM – 2:00 PM | WORKSHOP 7 Professional Counseling Supervision |
| 2:00 PM – 3:00 PM | Simulation and Feedback of Counselor Supervision |
| 3:00 PM – 3:30 PM | Health Break |
| 3:30 PM – 4:30 PM | Continuation of Simulation and Feedback of Counselor Supervision |
| 4:30 PM – 5:00 PM | End-of-day Evaluation and Clearing House / Other Reminders |
| DAY 5 (FRIDAY) | |
| 8:00 AM – 8:30 AM | Management of Learning <ul style="list-style-type: none"> • Leveling of Expectations • Program Objectives |

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| | <ul style="list-style-type: none"> • Program Matrix • Session Norms |
| 8:30 AM – 10:00 AM | WORKSHOP 8 Introduction of Program Development and Crafting of Guidance Program |
| 10:00 AM – 10:30 AM | Health Break |
| 10:30 AM – 12:00 PM | Presentation and Feedback of Guidance Program and Plan |
| 12:00 PM – 1:00 PM | Lunch Break |
| 1:00 PM – 2:00 PM | Closing Program |