



Republic of the Philippines
Department of Education
REGION VIII - EASTERN VISAYAS

August 22, 2024

REGIONAL MEMORANDUM

No. **980** s. 2024

**EMPATHETIC EDUCATION: EQUIPPING EDUCATORS
WITH PSYCHOLOGICAL FIRST AID SKILLS
A REGIONAL TRAINING OF TRAINERS**

To: Schools Division Superintendent
All Others Concerned

1. In cognizant of the critical role that mental health plays in the holistic development of learners and in alignment with our mandate to implement comprehensive mental health initiatives, this Region, through the Education Support Services Division-Special Programs and Projects Section (ESSD-SPPS) will conduct the Regional Training of Trainers dubbed as Empathetic Education: Equipping Educators with Psychological First Aid Skills on **September 24-26, 2024** at the **Madison Park Hotel, Manlurip, San Jose, Tacloban City**.

2. Generally, this program is designed to empower educators with the necessary skills to address the psychological needs of our students, ensuring that they receive the support they need in times of emotional distress. Specifically, it aims to help the participants:

- enhance their understanding of the psychological impacts of trauma on students and the role of PFA in mitigating these effects;
- help them develop practical skills to provide immediate psychological support to students in distress;
- develop a cadre of trainers who can further disseminate PFA knowledge and skills within their respective institutions and communities; and
- foster a culture of empathy and emotional support within educational settings, promoting the overall well-being of students.

3. The participants to this Regional Training of Trainers are specified as follows:

Regional Office-5 1 ESSD Chief 1 Regional LRP Focal Person 1 RLP Alternate Focal Person 2 TWG
Resource Persons-5 5 Resource Persons/ Trainers
Schools Division Offices- 106 11 Registered Guidance Counselors and GC-I Plantilla positions 30 Guidance Designates

13 Division Youth Formation Coordinators 13 LRP Focal Persons 26 School Heads (2/SDO) 13 HRTD Coordinators/Representatives
TOTAL PARTICIPANTS- 116

4. The actual list of participants shall be provided for in an advisory.
5. The participants shall be provided for with meals and accommodation, charged to the CO-BLSS downloaded fund covered by **OSEC-8-24-2883** while their travel and other incidental expenses in attendance to this activity shall be charged to their respective MOOE/Local Fund/SEF, other fund sources, subject to the usual government rules on accounting and auditing procedures.
6. Accommodation shall be available on Day 0, September 23, 2024 and check-out time shall be during lunch time of Day 3, September 26, 2024. Meal provision shall be as follows:

Day	Breakfast	AM Snacks	Lunch	PM Snacks	Dinner
September 23, Day 0	/	/	/	/	/
September 24, Day 1	/	/	/	/	/
September 25, Day 2	/	/	/	/	/
September 26, Day 3	/	/	/	/	/

7. Immediate dissemination of and compliance with this Memorandum are desired.


EVELYN R. FETALVERO CESO IV
 Regional Director

Enclosures: As stated

References: None

To be indicated in the Perpetual Index under the following subject:

BLSS-YFD MENTAL HEALTH ToT

ESSD-SPPS-EAD

