



Republic of the Philippines
Department of Education
 REGION VIII - EASTERN VISAYAS

September 05, 2024

REGIONAL MEMORANDUM
 ESSD – 2024 - 1037

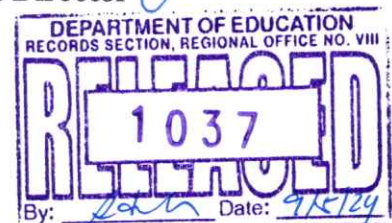
**PARTICIPANTS FOR THE CONDUCT OF NAVIGATING WELLNESS:
 REGIONAL/CLUSTERED SYMPOSIUM ON CHILD AND
 ADOLESCENT REPRODUCTIVE HEALTH**

To: Regional Office Division Chief } Baybay City Division
 Schools Division Superintendents } Borongan City Division
 All Others Concerned } Calbayog City Division
 } Catbalogan City Division
 } Eastern Samar Division
 } Leyte Division
 } Maasin City Division
 } Northern Samar Division
 } Ormoc City Division
 } Samar Division
 } Southern Leyte Division
 } Tacloban City Division

1. With reference to DM-OUOPS-2024-09-06856, this Office, through the Education Support Services Division – School Health and Nutrition Unit (ESSD-SHNU), announces the participants for the event titled: **“Navigating Wellness: Regional/Clustered Symposium on Child and Adolescent Reproductive Health.”**
2. The Symposium will be done in three clusters. Cluster 2 (Visayas Cluster) is scheduled on October 7-11, 2024, within Region VI and will be composed of the identified participants in the attached list in this Memorandum.
3. Cluster 2 participants must register at <https://rb.gy/oda632>.
4. Meals and accommodation will be charged to the host region’s ARH program support funds (PSF). Travel expenses of DepEd Regional and SDO participants shall be charged against the sending office’s ARH PSF, subject to the usual accounting and auditing rules and regulations.
5. For guidance and compliance.


EVELYN R. FETALVERO CESO IV
 Regional Director

Enclosures: As stated
 References: As stated
 To be indicated in the Perpetual Index under the following subjects:
 SCHOOL HEALTH REPRODUCTIVE HEALTH
 ESSD-SHNU-ALSL



Address: Government Center, Candahug, Palo, Leyte
 Telephone No.: (053) 832-5738
 Email Address: region8@deped.gov.ph
 Website: region8.deped.gov.ph



LIST OF PARTICIPANTS

Regional ARH Focal		
1.	Dr. Angelica C. Rodriguez	DepEd Regional Office 8
Regional CSE Focal		
1.	Nova Jorge	DepEd Regional Office 8
Schools Division Offices		
Registered Guidance Counselor		
1.	Mary Jean Hidalgo	SDO Tacloban City
Trained Focal on PHN		
1.	Rizza P. Deliva	SDO Tacloban City
2.	Precy M. Eriño	SDO Northern Samar
ARH Focal		
1.	Menard Madeja	SDO Eastern Samar
2.	Ashdel Artes	SDO Ormoc City
3.	Lorna Palines	SDO Borongan City
4.	Jennilyn Moquia	SDO Leyte
5.	Melanie Orbeta	SDO Southern Leyte
6.	Amelita Amit	SDO Maasin City
7.	Venie Jay Montalban	SDO Baybay City
8.	Sophia Monteron	SDO Calbayog City
YFD Focal		
1.	Eden A. Dadap	DepEd Regional Office 8
2.	Gye Lynne T. Godio	SDO Catbalogan City
3.	Neri Margaret O. Fabillo	SDO Leyte
4.	Maria Lyn L. Tanquezon	SDO Maasin City
5.	Julita T. Hermoso	SDO Eastern Samar
6.	Mercedita M. Abalos	SDO Samar
7.	Joget M. Jandoc	SDO Ormoc City
8.	April Lynn V. Gaviola	SDO Southern Leyte
Youth Leaders		
1.	Fiona Bianca A. Velasco	Borongan City
2.	Loren Jade Gardoce	Samar
3.	Princess Bhemby Cabidog	Leyte
4.	Faye Isabella E. Arones	Ormoc City
5.	Jana Glare Galupo	Southern Leyte
6.	Julia Margarette Macabare	Catbalogan City
7.	Bryle Champbray Basco	Maasin City
8.	Shameerah Therese A. De Guzman	Calbayog City




Republika ng Pilipinas
Department of Education

OFFICE OF THE UNDERSECRETARY FOR OPERATIONS

MEMORANDUM
DM-OUOPS-2024- -

TO : REGIONAL DIRECTORS
 MINISTER, BASIC, HIGHER, AND TECHNICAL EDUCATION,
 BARMM
 SCHOOLS DIVISION SUPERINTENDENTS
 ESSD AND SGOD CHIEFS
 SELECT ARH FOCALS/COORDINATORS
 SELECT YOUTH FORMATION COORDINATORS
 SELECT SCHOOL HEADS
 ALL OTHERS CONCERNED

FROM : 
 ATTY. REVSEE A. ESCOBEDO
 Undersecretary for Operations

SUBJECT : NAVIGATING WELLNESS: CLUSTERED/REGIONAL
 SYMPOSIUM ON CHILD AND ADOLESCENT REPRODUCTIVE
 HEALTH (ARH)

DATE : August 19, 2024

1. Pursuant to **Republic Act No. 10354** known as the Responsible Parenthood and Reproductive Health (RPRH) Act of 2012, **DepEd Order No. 31, s. 2018** or the Policy Guidelines on the Implementation of the Comprehensive Sexuality Education (CSE); and **DM-OUOPS-2024-09-02440** titled Implementing Guidelines on the Allocation, Utilization, Documentation, and Reporting of Program Support Funds (PSF) for the Field Implementation of the Adolescent Reproductive Health Program for FY 2024, DepEd Regions III, VI, and XI in close coordination with the Bureau of Learner Support Services-School Health Division (BLSS-SHD) will be hosting an event titled: **“Navigating Wellness: Regional/Clustered Symposium on Child and Adolescent Reproductive Health.”** The schedule is as follows:

Cluster	Dates	Venue
1	September 23-27, 2024	Within Region III (Central Luzon)
2	October 7-11, 2024	Within Region VI (Western Visayas)
3	November 4-8, 2024	Within Region XI (Davao Region)

2. The event is a back-to-back activity, a symposium, and an orientation on peer health navigation that will equip adolescents with the knowledge and support they need to confidently navigate their reproductive health and wellness choices. By focusing on education, peer navigation, and community engagement, this event seeks to create a supportive environment that fosters informed decision-making, referral, and enhanced

access to health services. The symposium's comprehensive approach will contribute to the overall well-being of adolescents, preparing them for a healthier future.

3. The activity specifically aims to:

- a. **Educate Adolescents:** Provide comprehensive education on reproductive health topics, including puberty, STI prevention, mental health, and healthy relationships.
- b. **Empower Peer Support:** Train adolescents to become peer health navigators, equipping them with the skills to support their peers in making informed health decisions and accessing necessary services.
- c. **Promote Healthy Decision-Making:** Encourage informed decision-making by fostering an understanding of reproductive rights, gender equality, and the importance of mental and emotional well-being.
- d. **Enhance Service Access:** Improve access to reproductive health services by teaching adolescents how to navigate healthcare systems and utilize available resources effectively.
- e. **Community Partnership and Engagement:** Advocate for supportive community involvement, engagement, and referral in adolescent health.

4. The event is coordinated closely with the host regions, which will provide the necessary administrative and logistical preparations and assistance in implementing the activity.

5. Participants per region are the **Regional ARH and CSE Focals, Guidance counselor representative, ARH Focals trained on Peer Health Navigation (PHN) last August 7-9, 2024, selected Schools Division Offices (SDO) ARH Focals with their Youth Formation Focals and youth leaders.** The number of participants is listed in **Annex A.** Please secure parents' consent for the learners' participation.

7. Regional Focals are requested to facilitate the identification of their participants. Please access the link to complete the list: <https://rb.gv/oda632>.

8. Regions are encouraged to set up the booth creatively to showcase their good practices. The booth can also incorporate elements of local culture, arts, and traditions, showcase success stories and testimonials highlighting regional initiatives that have positively impacted learners and educators, and show virtual tours, multimedia presentations, and interactive displays.

9. Meals and accommodation, supplies and materials, advocacy and training kits, honorarium and tokens of appreciation, and travel expenses of the host participants and of the resource persons and facilitators will be charged to the host region's ARH program support funds (PSF). However, participants' travel expenses from other regions and SDOs will be charged to the sending offices' ARH PSF. All expenses are subject to the usual accounting and auditing rules and regulations. The RO/SDO is requested to augment any fund shortages.

10. For questions and clarification, please contact **Dr. Maria Corazon C. Dumlao**, Chief Health Program Officer, and **Ms. Phanny S. Ramos**, Health Education and Promotion Officer III of BLSS-School Health Division, via email at blss.shd@deped.gov.ph, copy furnished arh@deped.gov.ph, or telephone number (02) 8632-9935.

BLSS-SHD/PSR

Annex A

TARGET AND NUMBER OF PARTICIPANTS

Luzon Cluster:

Date: September 23-27, 2024

Venue: Region 3

REGION	Regional Offices		Schools Division Offices				TOTAL Participants	
	ARH Focal	CSE Focal	RGC Representative	Trained Focal on PHN	ARH Focal	YFD Focal		Youth Leaders
I	1	1	1	2	5	5	10	25
II	1	1	1	2	5	5	10	25
III	1	1	1	2	5	5	10	25
IV-A	1	1	1	2	5	5	10	25
IV-B	1	1	1	2	5	5	10	25
V	1	1	1	2	5	5	10	25
CAR	1	1	1	2	5	5	10	25
NCR	1	1	1	2	5	5	10	25
TOTAL	8	8	8	16	40	40	80	200

Visayas Cluster:

Date: October 7-11, 2024

Venue: Region 6

REGION	Regional Offices		Schools Division Offices				TOTAL Participants	
	ARH Focal	CSE Focal	RGC Representative	Trained Focal on PHN	ARH Focal	YFD Focal		Youth Leaders
VI	1	1	1	2	21	8	16	50
VII	1	1	1	2	8	8	16	37
VIII	1	1	1	2	8	8	16	37
TOTAL	3	3	3	6	37	24	48	124

Mindanao Cluster:

Date: November 4-8, 2024

Venue: Region XI

REGION	Regional Offices		Schools Division Offices				TOTAL Participants	
	ARH Focal	CSE Focal	RGC Representative	Trained Focal on PHN	ARH Focal	YFD Focal		Youth Leaders
XI	1	1	1	2	8	8	8	29
X	1	1	1	2	14	14	8	41
XI	1	1	1	2	11	11	8	35
XII	1	1	1	2	8	8	8	29
Caraga	1	1	1	2	12	12	8	37
BARMM	1	1	1	0	8	8	8	27
TOTAL	6	6	6	10	61	61	48	198



Republic of the Philippines
Department of Education

AUG 15 2024

OFFICE ORDER
OO-OSEC-2024-194

**DESIGNATION OF MR. CESAR S. ABALON AS OFFICER-IN-CHARGE
OF THE BUREAU OF LEARNER SUPPORT SERVICES AND LEARNER
RIGHTS AND PROTECTION OFFICE**

To: Undersecretaries
Assistant Secretaries
Bureau and Service Directors
Division Chiefs
All Others Concerned


1. In view of the official leave of Atty. Suzette T. Gannaban-Medina, Officer-in-Charge (OIC)-Director IV, Bureau of Learner Support Services (BLSS) and Learner Rights and Protection Office (LRPO), and in the exigency of service, **Mr. Cesar S. Abalon**, Chief Education Program Specialist of the BLSS-School Sports Division (SSD), is designated as OIC of the BLSS and LRPO effective August 19-20, 2024 and August 22-23, 2024.
2. As OIC, **Mr. Abalon** shall sign official correspondence in the following manner:

CESAR S. ABALON
Chief Education Program Specialist
Officer-in-Charge, Bureau of Learner Support Services
and Learner Rights and Protection Office

3. Immediate dissemination of this Order is directed.



By Authority of the Secretary:


WILFREDO E. CABRAL
Regional Director
Officer-in-Charge, Office of the Undersecretary
for Human Resource and Organizational Development,
and Administration

MCR, APA, MPC, OO Designation of Mr. Abalon as OIC of BLSS and LRPO
0300 - August 14, 2024

NAVIGATING WELLNESS: CLUSTERED/REGIONAL SYMPOSIUM ON CHILD AND ADOLESCENT REPRODUCTIVE HEALTH (ARH)

*September 23-27, 2024 / Region III
October 7-11, 2024 / Region VI (Roxas City)
November 4-8, 2024 / Davao, Region XI*

Indicative PROGRAM OF ACTIVITIES

Day 1: Empowerment through Education		
Time	Activities	Person Responsible
12:00pm-2:00PM	Registration of participants	Secretariat
	LUNCH	
2:00pm-5:00pm	PRELIMINARIES <ul style="list-style-type: none"> • Invocation • National Anthem • Recognition of Participants 	Facilitator
	Opening Message	Dr. Dexter A. Galban Assistant Secretary for Operations
	Inspirational Message	Atty. Revsee A. Escobedo Undersecretary for Operations
	<ul style="list-style-type: none"> • Setting of expectations • Program flow • Groupings & House Rules 	Facilitator/s
	REMINDERS	Emcee
Day 2: Health and Wellness Symposium		
Time	Activities	Person Responsible
8:30am-9:00am	Management of Learning (MOL)	Participants
9:00am-9:30am	Keynote Speech: Empowering Adolescents: The Importance of Reproductive Health Education	BLSS-Director
9:30am-10:45am	Session 1: Comprehensive Reproductive Health Education <ul style="list-style-type: none"> • Topics: Puberty, menstrual health, contraception, STI prevention. 	Resource Person
10:45am-12:00nn	Session 2: Healthy Relationships and Consent <ul style="list-style-type: none"> - Topics: Understanding consent, recognizing healthy and unhealthy relationship behaviors. 	Resource Person
12:00pm-1:00pm	LUNCH	

1:00pm-2:30pm	Session 3: Mental Health Awareness <ul style="list-style-type: none"> • Topics: Identifying mental health issues, stress management, resilience. Session 4: Holistic Wellness <ul style="list-style-type: none"> • Topics: Emotional well-being, physical health, and self-care strategies. 	Resource Person
2:30pm-3:30pm	Session 5: Navigating and Accessing Health Services <ul style="list-style-type: none"> • Topics: Identifying local resources, navigating healthcare systems. 	Resource Person
3:30pm-4:00pm	Session 6: Engaging the Community and Policy Advocacy <ul style="list-style-type: none"> • Topics: Building supportive networks, advocating for adolescent health rights. 	Resource Person
	***Question and Answer sessions	Facilitators
4:00pm-4:30pm	Recap of key learnings, participant feedback, and plans for continued engagement and advocacy.	Facilitators
4:30pm-5:00pm	REMINDERS	Emcee
Day 3: Peer Navigation Training		
Time	Activities	Person Responsible
8:00am-8:30am	Management of Learning (MOL)	Participants
8:30am-12:00pm	Session 6: Role of Peer Navigators Topics: Introduction to Peer Navigation, Essential Skills, Maintaining Confidentiality ***Training Sessions, Skill-Building Exercise	Resource Persons Facilitator/s
12:00pm-1:00pm	LUNCH	
1:00pm-5:00pm	Session 7: Practical Peer Navigation Topics: Case Studies, Problem-Solving, Peer Support Strategies ***Scenario-based learning, Group Activities	Resource Persons Facilitator/s
5:00pm	REMINDERS	Emcee
Day 4: Access to Services and Community Engagement		

Time	Activities	Person Responsible
8:00am-8:30am	Management of Learning (MOL)	Participants
8:30am-12:00nn	Session 8: Navigating Health Services Topics: Identifying Local Resources, Understanding Healthcare Systems, Overcoming Barriers, Community Resources, Building Support Networks ***Interactive Maps, Health and Non-Health Provider Presentations, Question and Answer Sessions	Resource Persons Facilitator/s
12:00pm-1:00pm	LUNCH	
1:00pm-4:30pm	Session 9: Seven Steps in Setting Up School-based Peer Health Navigation Program	
4:30pm-5:00pm	REMINDERS	
Day 5		
8:00am-8:30am	Management of Learning (MOL)	
8:30am-10:00am	PLANNING WORKSHOP	
10:00am-12nn	Closing Message	Dra. Maria Corazon Dumlao SHD Chief
	TRAVEL TIME	