



Republic of the Philippines  
**Department of Education**  
REGION VIII - EASTERN VISAYAS

September 13, 2024

**REGIONAL MEMORANDUM**

No. **1082** s. 2024

**UPDATES ON THE REGIONAL TRAINING ON MENTAL HEALTH CRISIS  
MANAGEMENT AND REFERRAL MECHANISMS**

To: Schools Division Superintendents  
Regional Office Division Chief  
Public Elementary and Secondary School Heads  
All Others Concerned

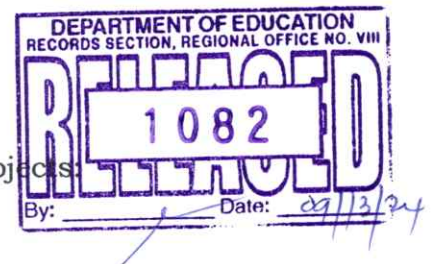
1. In reference to the Regional Memorandum No. 965 dated August 20, 2024, titled **Regional Training on Mental Health Crisis Management and Referral Mechanisms**, this Office, through the Education Support Services Division – School Health and Nutrition Unit (ESSD – SHNU) announces the venue of the training in Madison Park Hotel, Tacloban City.
2. Attached are the list of participants and the Activity Matrix.
3. All other provisions in the Regional Memorandum consistent with this issuance are still enforced.
4. Immediate dissemination and compliance with this Memorandum are desired.

  
**EVELYN R. FETALVERO CESO IV**  
Regional Director *o. r. d.*

Enclosures: None  
References: As stated  
To be indicated in the Perpetual Index under the following subject:

MENTAL HEALTH  
WORKSHOP REFERRAL SYSTEM

ESSD-SHNU-ALSL



## LIST OF PARTICIPANTS

Office/Division	Designation of Participants	No. of Participants	Name of Participants
Regional Office	ESSD Chief, School Health and Nutrition Unit Personnel	8 pax	1. Angelica C. Rodriguez 2. Elmer Albert Cuevas 3. Adara Lourdes Luaton 4. Eduardo Paglinawan 5. Elkanah Gaspang 6. Georgie De La Cruz 7. Kristel Jane Marie Cotejar 8. Alejandra B. Lagumbay
Core Team and Resource Speakers	Medical Officer and Nurse	4 pax	1. Melchor Tan (Maasin City) 2. Melissa Loyola (Samar) 3. Claudine Aujero (Leyte) 4. Liv Gabumpa (Samar)
Baybay City	Medical Officer, School Nurse, School Head/Principal	3 pax	1. Jireh Jan Gulayan 2. Jeanne T. Araneta 3. Efren cuasito
Biliran	Medical Officer, School Nurse, School Head/Principal	3 pax	1. Dr. Patricia Mari S. Sorilla 2. Zhazha Mae C. Miralles 3. Arnold Cerera
Borongan City	Medical Officer, School Nurse, School Head/Principals	3 pax	1. Verneal Alvin Ken C. Ana 2. Vanessa P. Labro 3. Hazel B. Meneses
Calbayog City	Medical Officer, School Nurse, School Head/Principal	3 pax	1. Dr. Arlene C. Catalan 2. Danilo Jadulco 3. Ghilli Rose Torculas
Catbalogan City	Medical Officer, School Nurse, School Head/Principal	3 pax	1. Lucille J. Estorninos 2. Rhum O. Bernate 3. Patricia Kay S. Bugaoisan
Eastern Samar	Medical Officer, School Nurse, School Head/Principals	7 pax	1. Chesca Elaine Gabornes 2. Dulce Mia Gubala Umil 3. Norris Mare Evardone 4. Avelino Fabillar 5. Rosanna Catuday 6. Alma Macawile 7. Patricia Berongoy
Leyte	Medical Officer, School Nurse, School Head/Principals	9 pax	1. Iris Leonor E. Colilihan 2. Larry Jasmine 3. Christine T. Apurillo 4. Sharlyn D. Gualdrapa 5. Edna Vergel 6. Dan Kleif Malquisto 7. Ruby Rose Gabison

DEPARTMENT OF EDUCATION REGION VIII - EASTERN VISAYAS

			8. Leticia Demeterio 9. Wyrlina A. Bardillon
Maasin City	Medical Officer, School Nurse, School Head/Principals	3 pax	1. Rowena R. Acuña 2. Jeannil A. Carsula 3. Maria Lyn L. Tanquezon
Norther Samar	Medical Officer, School Nurse, School Head/Principals	7 pax	1. Dr. Warren L. Otadoy 2. Katrina Kristel Tafalla 3. Alma M. Cuanico 4. Marvin Socorro 5. Chenita Tenedero 6. John L. Delorino 7. Emma Merino
Ormoc City	Medical Officer, School Nurse, School Head/Principals	6 pax	1. Ma. Ashdel D. Artes 2. Lennie Jade Cazenias 3. Melissa L. Cortez 4. Lengie Gabi 5. Emily Aguinod 6. Brenda Marolena
Samar	Medical Officer, School Nurse, School Head/Principals	7 pax	1. Franlin T. Catalan 2. Maricon Wedaluwezafé Uy 3. Concepcion P. Mabini 4. Arlene F. Abellar 5. Gina P. Rame 6. Dia Rocca E. Cinco 7. Mercedita D. Gumanoy
Southern Leyte	Medical Officer, School Nurse, School Head/Principals	7 pax	1. Menchu Pureza M. Mamita 2. Mia Dennis Catubig 3. Michelle A. Pamugas 4. Annabelle A. Gesulga 5. Eduardo R. Lumandog 6. Ma. Lury Lagumbay 7. Eleanor Taripe
Tacloban City	Medical Officer, School Nurse, School Head/Principals	7 pax	1. Dr. Mary Phoebe C. Quiban 2. Therese Rachelle E. Caing 3. Jaia Glaiza N. Arandia 4. Cesar Czarbo Trani 5. Karen Raz 6. Irish Ochea 7. Emmarose Callosa
<b>TOTAL:</b>		80 pax	

**TENTATIVE PROGRAM MATRIX**

<b>Time</b>	<b>Activity</b>	<b>In-charge</b>
<b>Day 1</b>		
1:00pm – 1:30pm	Arrival of Participants	-
1:30pm – 2:15pm	Registration of Participants	RO TWG
2:15pm – 2:45pm	Opening program	ROP
2:45pm – 3:10pm	Program Overview and Expectation Setting	ROP
3:10pm – 3:30pm	Health Break	-
3:30pm – 4:50pm	Stress and Work Management	Resource Person
4:50pm – 5:00pm	Clearing House	RO TWG
<b>Day 2</b>		
8:00am – 8:10am	Management of Learning	ROP
8:10am – 9:50am	DepEd Mental Health Crisis Response and Management & Mental Health Screening in Crisis Situations	Resource Person
9:50am – 10:00am	Health Break	-
10:00am – 12:00nn	Providing Brief Mental Health Interventions	Resource Person
12:00nn – 1:00pm	Lunch Break	-
1:00pm - 2:00pm	Making Effective Referrals and	Resource Person
2:00pm – 3:10pm	Providing Postvention	Resource Person
3:10pm – 3:30pm	Health Break	-
3:30pm – 4:45pm	Continuation of Providing Postvention	Resource Person
4:45pm – 5:00pm	Clearing House	RO TWG
<b>Day 3</b>		
8:00am – 8:10am	Management of Learning	ROP
8:10am – 10:00am	Reporting and Monitoring Cases of Mental Health Crises	Resource Person
10:00am – 10:10am	Health Break	-
10:10am – 11:30am	Preventing Mental Health Crises	Resource Person
11:30am – 12:00nn	Closing program	ROP



Republic of the Philippines  
**Department of Education**  
REGION VIII - EASTERN VISAYAS

August 20, 2024

**REGIONAL MEMORANDUM**

No. **965** s. 2024

**REGIONAL TRAINING ON MENTAL HEALTH CRISIS MANAGEMENT AND REFERRAL MECHANISMS**

To: Schools Division Superintendents  
School Principals  
All other concerned

1. This Office, through the Education Support Services Division – School Health and Nutrition Unit (ESSD – SHNU), shall conduct the **Regional Training on Mental Health Crisis Management and Referral Mechanisms on October 7-9, 2024**. The venue of this activity is to be announced later.
2. The training aims to capacitate health personnel in responding to learners experiencing mental health crises.
3. The participants of this training are the Division Medical Officers, trained PFA public-school health nurses, and school heads and shall be identified in a separate issuance.
4. Expenses incurred in relative to the conduct of this training such as board and lodging and other training expenditures of participants will be charged to the SMHP PSF fund while traveling expenses shall be charged to the downloaded SMHP PSF Fund or local MOOE, subject to usual accounting and auditing rules and regulations. The first meal shall be lunch on October 7, 2024 while the last meal will be AM Snacks on October 9, 2024.
5. For confirmation of attendance, all participants must register on this link: <https://forms.office.com/r/bRC7iB6FTW>.
6. For further queries and concerns, contact the ESSD-SHNU through Dr. Angelica C. Rodriguez at [schoolhealth.region8@deped.gov.ph](mailto:schoolhealth.region8@deped.gov.ph).
7. For immediate dissemination and compliance of this Memorandum are desired.

  
**EVELYN R. FETALVERO CESO IV**

Regional Director

Enclosures: None

References: None

To be indicated in the Perpetual Index under the following subjects:  
MENTAL HEALTH WORKSHOP REFERRAL SYSTEM

ESSD-SHNU-ALSL



Address: Government Center, Candahug, Palo, Leyte

Telephone No.: (053) 832-5738

Email Address: [region8@deped.gov.ph](mailto:region8@deped.gov.ph)

Website: [region8.deped.gov.ph](http://region8.deped.gov.ph)

