



Republic of the Philippines
Department of Education
 REGION VIII - EASTERN VISAYAS

October 28, 2025

REGIONAL MEMORANDUM
 ESSD-2025- 1437

TRAINING OF TRAINERS FOR SELECTED ARH FOCALS AND GUIDANCE COUNSELORS TO EMPOWER LEARNERS ON SCHOOL-BASED PROGRAMS ON HIV AND TEENAGE PREGNANCY

To: Schools Division Superintendents } Northern Samar
 } Tacloban City
 Public Elementary and Secondary School Heads
 All Others Concerned

1. With reference to Memorandum DM-OUOPS-2025-08-06420, this Office, through the Education Support Services Division – School Health and Nutrition Unit (ESSD-SHNU), announces the participants for the **Training of Trainers for Selected ARH Focals and Guidance Counselors to Empower Learners on School-Based Programs on HIV and Teenage Pregnancy on November 12-14, 2025, at Ecotech Center, Cebu City:**

- a. Precy M. Ereño – Northern Samar Division
- b. Rizza Deliva – Tacloban City Division
- c. Mary Jean Hidalgo - Tacloban City

2. Travel expenses shall be charged to the downloaded travel fund, and fund deficiencies and shortages can be charged against Learners Support Fund-Program Support Fund and/or local funds subject to the usual accounting and auditing rules and regulations.

3. For further queries and concerns, contact the ESSD-SHNU through Dr. Angelica C. Rodriguez at **schoolhealth.region8@deped.gov.ph**.

4. For immediate dissemination of and compliance with this memorandum are desired.



RONELO AL K. FIRMO CESO IV
 Assistant Regional Director
 Officer-In-Charge
 Office of the Regional Director

Enclosures: As stated
 References: As stated

To be indicated in the Perpetual Index under the following subjects:

ADOLESCENT REPRODUCTIVE HEALTH TRAINING

ESSD-SHNS-KJMC



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Republika ng Pilipinas

Department of Education

OFFICE OF THE UNDERSECRETARY FOR GOVERNANCE AND OPERATION



DEPARTMENT OF EDUCATION RECEIVED RECORDS SECTION REGIONAL OFFICE NO. VI

DATE: 6-24-25

TRACKING #: 10573 TIME: 8:20

SIGNATURE: [Signature]

MEMORANDUM

OM-OUGOPS-2025-06-06420

TO : REGIONAL DIRECTORS AND BARMM EDUCATION MINISTER
ESSD and SGOD CHIEFS
SCHOOLS DIVISION SUPERINTENDENTS
SELECTED HEALTH PERSONNEL/ARH FOCALS
SELECTED REGISTERED GUIDANCE COUNSELORS

FROM : MALCOLM S. GARMA
Undersecretary for Governance and Operations

SUBJECT : TRAINING OF TRAINERS FOR SELECTED ARH FOCALS AND
GUIDANCE COUNSELORS TO EMPOWER LEARNERS ON
SCHOOL-BASED PROGRAMS ON HIV AND TEENAGE
PREGNANCY

DATE : October 3, 2025

The Adolescent Reproductive Health (ARH) program is guided by RA 10354 and RA 11166, emphasizing adolescent health and wellness. It aims to develop empowered and informed youth by promoting healthy behaviors and supporting academic success. Beyond classroom instruction, the program adopts a holistic approach - strengthening school-community partnerships, providing adolescent-friendly services, and building the capacity of learners, parents, and DepEd personnel. Central to this effort is creating inclusive environments where young people can access accurate and age-appropriate information and essential health services.

Thus, the Bureau of Learner Support Services will conduct a **Training of Trainers (TOT) on Comprehensive School-based Programs on HIV and Teenage Pregnancy from November 12 to 14, 2025**, at the **Ecotech Center, Cebu City**.

The activity aims to capacitate the selected Adolescent Reproductive Health (ARH) focal persons and selected Registered Guidance Counselors (RGC) to enhance their capacity to implement comprehensive adolescent health initiatives. Participants will be equipped with the technical knowledge and facilitation skills to deliver accurate reproductive health information, establish productive activities, and foster a supportive environment for learners.

The training will introduce the Slay Safe sa DepEd Campaign, a school-based health campaign that adopts a youth-centered approach, integrating empowerment and safety



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10/24/25

principles in areas such as reproductive health, HIV prevention, and reducing teenage pregnancy. Empowering our learners is essential to improving adolescent health outcomes and supporting national goals on HIV prevention and teenage pregnancy reduction.

In this regard, we request that the selected ARH Focal persons and coordinators, along with the selected RGCs from the Regional Offices (ROs) and Schools Division Offices (SDOs), attend the activity.

It is respectfully requested that the participants be advised of the following:

1. Participants are asked to arrive at the venue before the scheduled program. (Enclosure #1: *Program of Activity*). However, check-in time is 2:00 P.M. on day 1. Check-out is at 12:00 P.M. on day 3.
2. Funds for the participants' travel expenses were downloaded to the respective offices through the Regional Offices (ROs), except for BARMM, subject to the usual accounting and auditing rules and regulations. The RO/SDO is requested to augment any fund shortages charge to MOOE or local funds.
3. Pursuant to the Civil Service Commission (CSC) and Department of Budget and Management (DBM) Joint Circular No. 2 s. 2004, Non-Monetary Remuneration for Overtime Services Rendered: This Office recommends granting Compensatory Time-Off (CTO) to participants who may be affected by work suspensions due to force majeure events (e.g., typhoons) or holidays at their respective offices while attending training.
4. Attached are the following enclosures for reference:
Enclosure No.1: **List and Number of Participants**
Enclosure No.2: **Program of Activity**

Should you have inquiries or require additional information, you may contact **Dr. Lilibeth P. Miranda-Gonzales**, Supervising Health Program Officer, OIC BLSS-SHD, and **Ms. Phanny S. Ramos**, Health Education and Promotion Officer III, through blss.shd@deped.gov.ph cc: arh@deped.gov.ph or (02) 8632-9935.

[BLSS-SHD/PSR]



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Certified by: Prof. GRS
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Figure No. 1: List and Number of Participants

No	Name	SEX	Position/ Designation	Office/SDO/School	
CAR	1	Roselle Kristine Waguís	F	Nurse II	SDO Benguet
	2	Cecile Grace M. Mayam-o	F	Nurse II	SDO Ifugao
	3	Gladys A. Nocum	F	Guidance Counselor	SDO Baguio City (Baguio City High School)
NCR	4	Mary Rose D. Acosta	F	Nurse II	SDO Manila
	5	Baby Remedios S. Alcibar	F	Nurse II	SDO Mandaluyong
	6	Rhett Ryan M. Catada	F	Guidance Counselor	SDO Valenzuela
I	7	Shiela Castro Dulay	F	Nurse II	SDO San Carlos City
	8	Grazelle S. Tabayoyong	M	Nurse II	SDO Pangasinan 2
	9	Amante Ofiana Jr.	M	Guidance Counselor/ TA II R1	Region 1
II	10	Cheryl B. de Luna	F	Nurse II	SDO Santiago City
	11	Grentt Dale Alconis	M	Nurse II	SDO Batanes
	12	Ana Riza P. Maguigad	F	Guidance Counselor III	SDO Isabela
III	13	Ilona Ignacio Garcia	F	Nurse II	SDO San Jose City
	14	Andrylyn A. Rolle	F	Nurse II	SDO Nueva Ecija
	15	Dr. Airene Dayrit	F	Div. Guidance Counselor	SDO City of San Fernando Pampanga
IV-A	15	Christian H. Harina	M	Nurse II	SDO Batangas
	17	April Joy A. Rom	F	Nurse II	SDO Cavite
	18	Justine Celeste	M	Guidance Counselor	SDO Cavite
IV-B	19	Pearl Shalom P. Dadule	F	Nurse II	SDO Puerto Princesa City
	20	Fernan S. Guavis	M	Nurse II	SDO Calapan City
	21	Abby Grace E. Mejos	M	Registered Guidance Counselor	SDO Palawan
V	22	Jaivin E. Balueta	F	Nurse II	SDO Albay
	23	Jane Frances Punzalan	F	Nurse II	SDO Tabaco City
	24	Jhonlery D. Recome	M	Guidance Counselor II	SDO Sorsogon Province
VI	25	Arriane A. Lapidez	F	Nurse II	SDO Iloilo
	26	Eireen S. Gaje	F	Nurse II	SDO Roxas City
	27	Shareal Joy L. Camacho	F	Guidance Counselor I	SDO Iloilo City Jaro National High School
VII	28	Grace G. Lendio	F	Nurse II	SDO Danao City
	29	Joeppril Mar Anthony Abellanosa	M	Nurse II	SDO Cebu Province
	30	Summer Alqueza	F	RGC II	SDO Toledo City
VIII	31	Rizza P. Deliva	F	Nurse II	SDO Tacloban City
	32	Precy M. Ereno	F	Nurse II	SDO Northern Samar
	33	Mary Jean Hidalgo	F	RGC	SDO Tacloban City

		Maria Rio T. Francisco	F	Nurse II	SDO Zamboanga City
	35	Zendle Anne C. Esplana	F	Nurse II	SDO Zamboanga del Sur
	36	Daryl A. Tomboc	F	Guidance Counselor	SDO Zamboanga Sibugay
X	37	Mildred R. Chua	F	Nurse II	SDO Misamis Occidental
	38	Arlene P. Diez	F	Nurse II	SDO Mis. Oriental
	39	Fe Psychie N. Nival	F	Guidance Counselor III	SDO Oroquieta City
XI	40	Stephen Mark T. Castres	M	Nurse II	RO
	41	Desiree Loren L. Barabat	F	Nurse II	SDO Panabo City
	42	Endera L. Villapaz	F	RGC	SDO Davao de Oro
XII	43	Maria Melaresa A. Dondon	F	Nurse II	SDO Gen. Santos
	44	Ma. Theresa Gallo	F	Nurse II	SDO Sultan Kudarat
	45	Dyessa Gabrielle Plaza		R. Guidance Counselor	SDO Kidapawan
Caraga	46	Jennibeth H. Lapay	F	Nurse II	SDO Agusan del Sur
	47	Rex A. Roxas	M	Nurse II	SDO Dinagat
	48	Maryline Basilio	F	Guidance Counselor	SDO Agusan del Norte
NIR	49	Eugene C. Caliso	F	Nurse II	SDO Negros Occidental
	50	Ma. Therese Q. Albacite	F	Nurse II	SDO Victorias City
	51	Kathleen D. Omoso		Guidance Service Specialist I	SDO Negros Oriental
BARMM	52	Jenny Vic M. Miñoza	F	Nurse II	SDO Basilan
	53	Sittie Rohanna M. Quintos	F	Nurse II	SDO Cotabato City
	54	Abdurrahman B. Amerol	M	RGC	SDO Lanao Sur 2



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Department of Education
BUREAU OF LEARNER SUPPORT SERVICES

DAY 3. November 14, 2025		
Time	Activity/Description	Person Responsible
8:00 – 8:30 AM	Energizer and Recap of Day 2	Emcee
8:30 – 10:00 AM	Session 11: Drafting a School-Based Intervention and Activities	PMT / Participants
10:00 – 11:30 AM	Presentation of Outputs (Action Plans)	Participants
11:30 – 12:00 NN	Awarding of Certificates and Closing Program	PMT
12:00 – 1:00 PM	Lunch	
1:00 – 2:00 PM	Evaluation and Departure	

End