



Republic of the Philippines
Department of Education
REGION VIII - EASTERN VISAYAS



April 6, 2026

OFFICE MEMORANDUM
HRDD-2026- **176**

**UPDATES ON THE SCHEDULE OF ZUMBA DANCE EXERCISE AND
THE USE OF HEALTH AND WELLNESS FACILITY**

To: Director III
Functional Division Chiefs
All Others Concerned

1. In consonance with Civil Service Commission Memorandum Circular No. 114, s. 2026, DepEd Memorandum No. 018, s. 2026, and Office Memorandum No. 129, s. 2026 on the Implementation of Energy Conservation Protocols and Flexible Work Arrangements in the Department of Education, this Office shall adjust the schedule of the Zumba Dance Exercise and the use of the Health and Wellness Facility from Friday to Thursday, 3:30–4:45 PM, as Fridays are designated work-from-home days.
2. Playing ball games and walking are allowed for as long that the activity will be done within the Department of Education Regional Office VIII Compound. Attendance will be checked and monitored every Thursday.
3. Immediate dissemination of and compliance with this Memorandum are desired.


SALUSTIANO T. JIMENEZ JD, EdD, CESO III
Regional Director 

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